

# SCRIBE

**CHILDREN  
SPECIAL**

---

**GIFT  
OF  
GOD**

*131*

Birth Anniversary  
**Jawaharlal Nehru**

**Make your child  
special**



# SCRIBE

**VOL. 1, NO. 1/ 2020**

**PUBLISHED BY ST. JOSEPH'S HIGH SCHOOL, WADALA (FOR PRIVATE CIRCULATION ONLY)**

Fr. James Nigrel Rector, Manager and Parish Priest

Fr. William Falcao Vice Rector, Administrator and Assistant Parish Priest

Fr. Lawrence D'souza Student Mentor and Assistant Parish Priest

Mrs. Sangita Bhattacharya Principal and Headmistress

Fr. Charlin Chandran Vice - Principal and Assistant Parish Priest

**Chief Editor** Ms. Marilyn Dias

**Co - Editors** Mrs. Cressieda Rodrigues  
Mrs . Placida Nazareth  
Ms . Sunita D'souza  
Mrs. Shalini Crasta  
Ms. Ayesha Sayyed  
Mr. Lionel D'Souza

**Layout  
&  
Design** Ms. Ayesha Sayyed  
Ms. Flavia Vishwanathan

**Facilitators** Mrs. Laila Furtado  
Ms. Nivetha Silva  
Mrs. Viancy Fernandes  
Mrs. Sharmila Gomes  
Mrs. Smita Lewis  
Mrs. Placida Nazareth  
Ms. Ayesha Sayyed  
Ms. Flavia Vishwanathan  
Mrs. Cressieda Rodrigues  
Ms. Marilyn Dias  
Ms. Meryl Tixeira

## **Contributors**

Mrs. Thelma Fernandes, Ms. Meryl Tixeira, Mrs. Matilda Fernandes, Mrs. Nagaprabha, Mrs. Pavita Fernandes, Nihar Parikh - 10 A, Nishant Nadar 4B, Mrs. Shalini Crasta, Umang Achalia - 10 A, Mrs. Cleopatra Farro, Ms. Sunita D'souza, Swayam Jain 7A, Sidharth Sanjay Panigrahy - 9B, Jason Presley - 3A, Eshant Shinde 3B, Affan Khan - 3B, Ms. Flavia Vishwanathan, Suyash Jaiswar - 9 A, Sameer Jaiswal - 6B, Sarthak Kadam - 5A, Sharvil Mohite - 6 B, Rishabh Pandey 5A, Himanshu Kumar - 9B, Krish Chulani - 8A, Sarthak Nayak - 10B, Terence Francis Zavier - 7A, Smit Sandeep Kherade - 5 A, Arnav Prashant Mali - 4A, Mr. Lionel D'Souza, Sarthak Sarang - 8A, Mrs. Smita Lewis, Yog Deshmukh-3A, Ms. Ritika Mehra, Ms. Jennifer Dabhi, Amogh Dalvi -5B, Atharva Sawant - 6A, Atharva Kesarkar - 6A, Tejas Kumar - 5B, Adityan Sentil - 3B, Sachit Shetty - 4A, Mayank Shashikant Patkar - 6B, George Quadros - 8B, Soham Santosh Jedhe - 8A, Saksham Tambe - 8B

**Address** St. Joseph's High School,  
Wadala David Baretto/  
Station Road, Wadala West ,  
Mumbai 400031

**Explore** School Website  
School Youtube Channel

Editorial	4
Message from the Manager	5
Message from the Principal	6
Mission "YES" - <i>Mrs. Nagaprabha</i>	7
Mission "Memory" - <i>Mrs. Thelma</i>	7
Girl child - A Blessing - <i>Nihar Parikh</i>	8
Importance of Edu... - <i>Nishant Nadar</i>	8
Mission FLY - <i>Mrs. Shalini</i>	9
The New Normal - <i>Umang Achalia</i>	9
Mission "Greenline" - <i>Mrs. Cleopatra</i>	9
Optimism in lockdown - <i>Swayam Jain</i>	10
Society - An .. - <i>Sidharth Panigrahy</i>	10
The Environment - <i>Jason Presley</i>	11
Intelligence ... - <i>Eshant Shinde</i>	11
The best day of my life - <i>Affan Khan</i>	11
"We Excellence" - <i>Mrs. Nagaprabha</i>	12
A healthy OUTSIDE.. - <i>Suyash Jaiswar</i>	12
Grandparents - <i>Sarthak Kadam</i>	12
Nature - <i>Sameer Jaiswal</i>	12
My time in Quarantine - <i>Sharvil Mohite</i>	13
The vaccine of .. - <i>Himanshu Kumar</i>	13
Stay home, stay safe - <i>Rishab Pandey</i>	13
Global Pandemic - <i>Krish Chulani</i>	14
Education... - <i>Terence Francis Zavier</i>	14
Technology - <i>Smit Sandeep Kherade</i>	14
Missing School.... - <i>Sarthak Nayak</i>	14
My interest in ... - <i>Arnav Prashant Mali</i>	15
Mission "Bridge"- <i>Mr. Lionel</i>	15
Mobile - A must - <i>Sarthak Sarang</i>	15
The place I... - <i>Yog Deshmukh</i>	16
Mission "SETSS" - <i>Ms. Ritika Mehra</i>	16
Corona : A pandemic - <i>Amogh Dalvi</i>	17
Impact of Covid - <i>Atharva G Sawant</i>	17
Year of Covid-19 - <i>Atharva Kesarkar</i>	17
My School ..... - <i>Atharva Kesarkar</i>	17
The person I admire.. - <i>Adityan Sentil</i>	18
Save Water , Save.. - <i>Sachit Shetty</i>	18
Nature our best - <i>Mayank Shashikant</i>	18
Facts about space - <i>George Quadros</i>	18
Global Warming - <i>Saksham Tambe</i>	19
Lessons learnt ... - <i>Soham Santosh Jedhe</i>	19
Mission "Coding" - <i>Mrs. Namrata</i>	19
- <i>Mr. Sunny</i>	19

---

## Feature Writing

### *Wealth of the Nation*

Children are the greatest wealth of the Nation

*Mrs. Matilda Fernandes pg. 7*

### *Pandit Jawaharlal Nehru: A Prophet of Modernity*

His immense contribution to the Nation has won him the title. His foresights led to the birth of Institutions of higher learnings.

*Ms. Meryl Tixeira pg. 7*

### *The Little Voice*

Conscience always helps you make the right decision in life - just listen to its guidance.

*Mrs. Pavita Fernandes pg. 8*

### *"More"tivation*

Human beings can achieve anything provided they live in a motivating environment.

*Ms. Sunita D'souza pg. 10*

### *E-Learning, the Next Generation Education*

A foretaste of the future mode of educational learning.

*Ms. Flavia Vishwanathan pg. 11*

### *Blackboard to Broadband*

Traditional teaching has got a complete makeover during the pandemic.

*Mrs. Billuru Nagaprabha pg. 15*

### *Dark Clouds*

The dark clouds of Covid-19 caught the world unaware. Millions of hearts are united to fight against it.

*Mrs. Smita Lewis pg. 16*

### *The Power of a Smile*

The 3 centimetre upward curvature on the lips of the face can get both the mind and the heart working.

*Ms. Jennifer Dabhi pg. 16*

---

## From the Editor



**Ms. Marilyn Dias**

**Head of the English  
Department**

The other day I was asked to secure a packet of wafers. I couldn't find a clip so I looked out for a rubber band. There were two or three more lying around the place ... the next thing I knew, I was playing with one of them. I first tried making a web with it using my fingers, and then kept tugging it to see how far it could stretch and this went on for some time....I stretched it to a point I thought it was going to snap, but interestingly it took the strain! A rubber band can fulfil the purpose for which it is created only when it is stretched. It is in this stretching process that its real worth is demonstrated. Isn't this the same with our lives?

Herculean tasks have often witnessed defeat due to the incorrigible mindset of negativity and pessimism that dooms one to a state of complacency and inertia. The never trying attitude and laxity enslaves everyone to a pitiable state, of believing that everything is beyond one's reach. But if we don't try, how will we ever know?

Devendra Jhajharia, born to a low-income family of Churu district in Rajasthan, has got to his credit two world records, two Paralympic medals, two world championship titles and 12 consecutive national titles in Javelin throw but at the age of eight, when his left hand was amputated, due to an unforeseen accident, no one would have ever imagined about his unparalleled future. His disability during his childhood made him the butt of everyone's taunt and pity. During one of his school sports meet he realized that the only way he would be treated equally was by beating his comrades on the field. At the age of 10 began his stretching process.

A glimpse into the life of this great personage creates a roadmap for success. He credits his success to his mother because she forced him to play with the other kids, which pushed him to shed the sense of isolation and feel equal to the others. He reiterates that his change in "Self Belief", that he was not weak, was the starting point. Do we have someone pushing us? He always lived in a realm of awareness, scrutinizing his dedication and passion in what he was doing. Do we have the time to assess our lives? He always kept his javelin in his room to keep his target always in front of his eyes. Do we know in what direction we are heading? He says the real problem today is "distraction" and the solution is "focus".

I'm sure during this lockdown most of us and our families have experienced a lot, gone through tough times, taken tough decisions ..... But in all of this we have STRETCHED and emerged stronger because we were forced to, but can you imagine how far we can reach if we only decide to?

Well my dear Josephites, isn't that also what the motto of our esteemed institution stands for? "Ad Majora Natus Sum" which simply means, 'We are born for GREATER things!' ...and we can achieve greater things only when we explore all the possibilities we have before us. Each one of you is unique and different. You are blessed with a lot of talents and potential. Have faith in yourself and your abilities and most of all don't forget to STRETCH because it is here that you will realise your worth.

The school is proud to launch its first ever e - magazine, SCRIBE - to present you a window of opportunity to S-T-R-E-T-C-H your writing skills. Looking forward to receiving your literary work for the next issue.



---

# From the Manager



**Fr. James Nigrel sdb**  
**Rector, Manager**  
**&**  
**Parish Priest**

The world of today, with its innumerable enticing stimuli aids in deviation of pathways, luring our young people to settle with ephemeral choices, making parenting a real challenge especially in education.

The advancement in the field of Technology and Psychology elucidates the idea of VARK (visual, audio, reading/writing, kinesthetic) learners, bringing to light the incomprehensive educational systems, that fail to value each child's capability and innate potency.

Children are harmless, free from malice, meek, modest and humble; without pride, self-conceit, ambitious desires of grandeur or superiority. They open the eyes and ears to the beauty of life that exists in the world. Children continue to be God's gift irrespective of their aptitude, attitude or altitude. There are no seven wonders of the world in their eyes but there is a reservoir of goodness and latent talent deep within. The challenge is to tap it, through proper parenting and guidance.

Creating apt support structures is the need of the hour. We have children with learning disabilities and those who are challenged differently but history has taught the world, that there is a Stephen Hawking, Abhishek Bachchan, Tom Cruise, Robin Williams or Albert Einstein waiting to take birth in every child, who is otherwise rated as unintelligent. Are you going to help the growth of yet another genius?

Help your children to find the hero within them.

A big word of thanks to the teachers and Mrs. Sangita Bhattacharya, the Head Mistress and Principal, for taking special care of children who are challenged differently.

With warm wishes in Don Bosco



---

# From the Principal



**Mrs. Sangita Bhattacharya**

**Principal & Headmistress**

As the Principal of the school, I feel honoured and privileged to be part of an Educational Institution where every stakeholder is a learner and every day is an opportunity to learn and discover. I am blessed to have a committed and supportive Management, dedicated teachers and staff, caring and co-operative parents that blend harmoniously to create this wonderful child-centric school. There is something for everyone here.

Today, the role of a school is not only to develop academic excellence but also to motivate and empower students to be lifelong learners. ‘Education with the heart’, accompanied with reason, is what we firmly believe in. The heart, which is the basis of all emotions, takes care of nurturing relationships, creating an ambience of respect, appreciation and trust whereas reason helps develop critical thinking, self-confidence and character building with high moral values for the heart to be directed on the right path.

The 21st century is calling for persons, who can adapt and respond flexibly to the extraordinary challenges posed by everyday life. Technology has altered the role of the teacher beyond all recognition. Teachers have undergone a metamorphosis. Who would have ever dreamt of live conference for students at the school and kindergarten level a year ago, but this is the present reality. The teachers have all risen to the occasion and come out tops through their training programs, online classes and use of technology, winning the admiration of the students.

The change in the way of education has led the children to learn and explore new avenues from the comfort of their living space. Taking cue from the NEP (New Education Policy), the school has gone all out to initiate various processes, creating multiple platforms for the benefit of students. The various new missions under the title of FLY (Foundational Literacy and You), YES (Young Enthusiastic Scientists), Memory (Dimag ki batti jala de), Coding, Singing, etc are all the fruit of the enthusiasm of the teachers to help the students develop their capacities.

“SCRIBE”, yet another new venture, is the first E-Magazine of the school. The variety and creativity of the articles in the magazine represents the combined talent of the Josephite faculty and students - the epitome of literary work. I am sure that the hard work, sustained efforts and innovative ideas exhibited will surely stir the mind of the readers and take them to the fantastic world of unalloyed joy and pleasure. It is a valuable souvenir and a kaleidoscope of mindsets, giving life to words and emotions through simple masterpieces. I congratulate the entire team led by Fr. Charlin, our erudite Vice-Principal, for his diligence and dedication towards making this magazine happen.

With warm wishes and God's blessings



---

## Mission Memory

Memory is the basis of any learning. An untrained memory always ends up in poor performance and results. Training the brain demanded a systematized approach, and hence Mission "Memory" was launched as a pilot project on 13th October, 2020.

The programme planned for the kindergarten students (Sr. Kg) have three parts namely the baseline test, 3 months of intervention and final test, to assess the progress level. There are 5 teachers, who are working tirelessly to develop modules pertaining to recall, sequencing and spatial facets of the brain, through mobile game application and worksheets.

The programme will culminate in March, 2021.

### Mrs. Thelma Fernandes

(Ad Hoc Pre-Primary Co-ordinator)



### Pandit Jawaharlal Nehru: A Prophet of Modernity

Pandit Jawaharlal Nehru's immense contribution to the country has won him the title - "A Prophet of Modernity". All the institutions that India is proud of today were founded during his time — the IITs, IIMs, NID, the Atomic Energy Commission, the precursor to ISRO, the Indian National Committee for Space Research, etc. His foresight of initiating institutions of higher learning, has put Indians at par with the foreign nations.

Pandit Jawaharlal Nehru was very much attached to children, it was his love and compassion for children that made Indians celebrate Children's Day. Pandit Nehru, who gave importance to children said: "The children of today will make the India of tomorrow. The way we bring them up will determine the future of the country." Let's continue to educate our children with the Constitutional values for a better India.

### Ms. Meryl Tixeira

## Mission Y.E.S

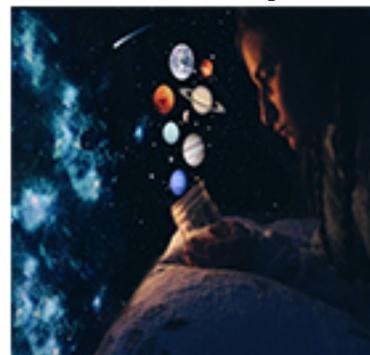
### "Mission YES"

(Young Enthusiastic Scientist), is a novel venture of Mrs. Sangita Bhattacharya, the Headmistress and Principal of the School. The focus area is on cultivating scientific temper, inquisitiveness and hands on experience.

Students (V- IX) will be involved in research, analysis and synthesis of topics related to science. The synthesis would entail demonstration of the learning in a video format. Assessment every fortnight and end of the month, would determine the Young Enthusiastic Scientist of the month.

### Mrs. Nagaprabha

Head of the Science Department



---

## Wealth of the Nation

Human resource is the greatest wealth of every nation. Greater the consciousness of the citizens, greater would be their impact in reality. The children of today will be the creators and shapers of tomorrow provided they are valued for who they are.

Children today are very smart and enlightened, which makes it very easy for them to accomplish any feat right from their early age. Right guidance, training and channelizing their energies with a conducive environment can be very beneficial.

The education provided should be progressive, where life and learning come in a confluence. Interest and passion of the child's areas of learning should be respected and focused upon. Praxis of knowledge of different branches of knowledge can become the incubator for creativity to flourish. Let's harness the energies of every child because no one knows how he/she may move the earth.

### Mrs. Matilda Fernandes (Headmistress - Primary Section)





## The Little Voice

We all have a little voice within, which keeps guiding us. Yes, we all have a conscience which whispers to us about the right and the wrong. Can we hear the voice or has it already become faint due to our justifications. But do we really pay heed to this voice? Training and strengthening the conscience based on value systems is of utmost importance lest we end up creating robots indifferent to the realities of societal ethos.

As students you will be confronted with many situations in your life wherein a decision would be demanded of you. Learn to listen to the guidance of this voice and don't shun it. Your decisions might demand sacrifice and courage - go through the grind and you will never be sorry for it. Being honest during exams, standing up for what is right, being prudent, not blaming others but taking responsibility, etc are some of the ways you can act on the promptings of your conscience.

If you don't start it now, there are high possibilities of your inner guide getting lost in the midst of rationalizations, creating insouciant personality of you. Remember, integrity is when we do the right thing even when no one is watching us!

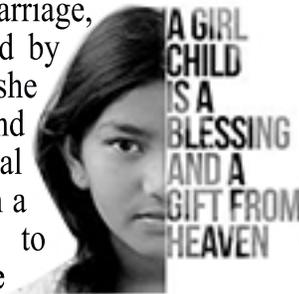
**Mrs. Pavita Fernandes**

## Girl Child – A Blessing

A recent news report revealed that not a single girl child was born in 132 villages in Uttarkashi district, Uttarakhand, in the previous three months. The adverse sex ratio is the result of a patriarchal mindset. How can we make everybody celebrate daughters?

In India, female foeticide is a worrying practice. The girl child faces discrimination and is deprived of proper nutrition. Parents want their sons to continue schooling and daughters to stay at home and do household work.

After marriage, the trials faced by women continue, as she faces oppression and violence in her marital home. We need to launch a nationwide campaign, to encourage women to take positions of leadership in the community.



The fascinating 'Beti Utsav' celebrates the birth of a girl child, taking pride in our daughters! Swami Vivekanada beautifully puts it, "There is no chance for the welfare of the world unless the condition of women is improved, it is not possible for a bird to fly on only one wing."

We must remember - 'No girl – No mother – No life'.

**Nihar Parikh (10 A)**

## Importance Of Education

Education empowers people with knowledge, skills and values that are essential for developing and building a better world.

Our basic need consists of food, clothing and shelter but in today's milieu education can be added to it. Quality education can help to reduce poverty and inequality in our society. Education increases self-confidence and assists in developing the personality of a person. Hence, good education is extremely essential to achieve success. Education enables people to think, feel and behave in a way that contributes to their own success and the common good of all.

A very beautiful quote to be always remembered by Dr. Abdul Kalam, "Education is the most powerful weapon which you can use to change the world."

**Nishant Nadar (4 B)**

---

## Mission FLY (Foundational Literacy and You)

"Mission Fly (Foundational Literacy and You), the brain child of Mrs. Sangita Bhattacharya, the Principal, focuses on enabling children to fluently read English. The programme was launched in September, 2020 for the primary students (I- IV) of St. Joseph High School.

3 teachers, use different strategies of play way methods with emphasis on phonetics, to cater to children as per their level, arrived at through the diagnostic test (baseline). An intervention of 3 months will help the recipients get better with alphabets, words, sentences and paragraphs. Today's readers are tomorrow's leaders - hence a miniature attempt to strengthen the foundation of the language.

**Mrs. Shalini Crasta**



Technology, masks and sanitizers are the new normal accessories one is expected to be equipped with. If someone would ask me, "How is life during lockdown?" I would reply in gibberish, where there would be no rhyme scheme, rhythm or logic in my speech - that exactly has been the state of life, where everything has been at sixes and sevens. Am I feeling anxious, paranoid, and skeptical? Well yes! The current normal of uncertainty and uneasiness have become permanent.

My dream to stop time, for an opportunity to reflect on the essentials of life, became a reality. I have learnt that I am lucky because of my family, the personal space and the privileges that I enjoy, in comparison to others, who have got responsibilities on their head. I must confess that the family time I got with my parents and granny is invaluable. Looking at the collection of my books, my childhood pictures, pictures with my friends, etc - I dwelt reminiscing the lovely moments gone by, which otherwise would have been lost in the shelf of my room.

Mr. Corona you are a brilliant creation. You have come as a great teacher to teach us about the essence of life. May all what you have taught us, not be forgotten but stand us in good stead as we move on in life. Take a pause to look back because it's just a matter of time, everything will be over, be it disease or life. Make life worth living.

Stay Safe, Stay Healthy

**Umang Achalia (10 A)**

---

## Today's Dream Is Tomorrow's Green

"Green Line" project found its embodiment in July, 2010 under the direction of Fr. Savio Silveira sdb, the Provincial of the Mumbai Province. The Josephites were quick enough to associate themselves to the endeavour, to form Greenline Brigadiers (Std V- X) the same year when it began. 3 teachers have been animating around 50 students every year, through their workshop, activities and tasks in the school.

The journey of the warriors over the last decade has been effectual. The values disseminated to the students have percolated to the family members, making them more conscientious in dealing with nature. Testimonies of students' household's participation in conscientizing society is commendable.

The school was awarded a cash prize of Rs 1,00,000/- for securing the first place thrice, (2010, 2012 & 2017) and Rs 25,000/- for bagging the 3rd place in 2019.

**Mrs. Cleopatra Farro**



### THE NEW NORMAL



**"Everything and everyone is won by the sweetness of our words and works."**





---

## **There's No Limit To What You Can Do!! By Adding the Fuel - 'More'ivation to Life!**

“The journey of a thousand miles must begin with a single step.” The Chinese philosopher, Lao Tzu's words reflect the way in which the little child can go ‘the extra mile’ with the ‘more’ivating gear of the parents and teachers. Adding ‘More’ W😊W words to life, the child grows in leaps and bounds, overcoming many hurdles.

The parents and teachers believe that no matter what happens, ‘the child can and will’ succeed provided he/she is valued and has a positive self-identity. Every reassuring smile, positive word of appreciation, gentle pat on the back and encouraging handshake make the child realise that nothing is impossible!

The empowering fuel of “more’ivation” can help children traverse across a thousand miles, exceed their own expectations - leading a ‘fulfilled’ life with the right mindset and a joyful heart. Educators and parents should use the vitamin tablet of “more’ivation” rather than “Correction” to form healthy children.

**Ms. Sunita D’souza**

---



### **Optimism in Lockdown**

Have you ever heard of any movie or a storyline that talks about a summer spent trapped in one’s own house? It sounds like some Hollywood thriller - that is how life has been ever since the lockdown began. Difficulties, problems and negativity are all inevitable in this scenario. The world has lost a lot of things but I asked myself what have I gained during the pandemic?

I got to spend a lot of time with my family, eat our meals together, pray together, spend time playing some board games, resting well, spending time for fitness, relishing home made recipes, learning new skills in technology and personality development, and the list can go on. This time of crisis has been a blessing in disguise for me.

Mother Nature too, has benefited in a big way - quality of the air improved, water bodies became cleaner, animals started moving around freely, etc. Life will always have its difficulties, let’s try to focus on the positive side of life.

**Swayam Jain (7A)**

---

## **Society – An Integral Part of Life**

History tells us that man is a social animal. The field of Psychology gives us an insight into the changing behaviour of the human person. We are all directly or indirectly connected with each other, our survival and existence. It is quite noticeable that over the years our society has undergone tremendous changes. We are blaming the “society”, forgetting that we make the “society”. So to make it a better place, we must first change ourselves. Obesity, alcoholism, crime, poverty, unemployment, etc are all effects of neglect and indifference prevalent in society.

I agree that these social issues are weakening the bonds of our society. But let us not forget that positive change has the capacity to build society. If our society would have been caring, selfless, unified and sociable, the problems we are facing today would not have existed, at least not in the measure we witness today.

**Sidharth Sanjay Panigrahy (9 B)**



## The Environment

We are all surrounded by the environment which is a unique creation of God. Wind, water, plants, animals, humans, etc all constitute the environment.

Without the environment life is impossible. The physical conditions and various characteristics of any country develop only due to the environment that we live in. Every nation should nurture nature in the best way possible. We must keep in mind that a clean environment is very important to live a healthy life. The environment has given us a lot, now it is our turn to preserve it for the coming generations.

### Jason Presley (3 A)



### Intelligence Without Ambition is like a Bird Without Wings

Looking up into the sky as a small boy, planes flying always fascinated me. It was during one of these moments that I decided to become a pilot.

Pilots need to be brave and make quick decisions while flying high altitudes. As a pilot I want to fly around the world and see how the earth looks from 35,000 feet above sea level.

I aspire to fly planes like Airbus A 380, Boeing 747 and Saab 340. I know to make this dream come true I need to get serious with my studies. I need to clear a series of exams before I become a pilot. So friends study hard to make your dreams come true.

### Eshant Shinde (3 B)

## The Best Day of my Life

Every day is special for me, but the best and most beautiful day of my life was when I went to Dubai to meet my uncle and cousins, in his bungalow. For the first time I saw the tallest tower of the world - Burj Khalifa! I had to recline to get a glimpse of the awesome, mind blowing topmost part of it!

The big and crowded Dubai Mall was truly breathtaking! The trip to Dubai was full of fun and exciting. I hope to visit it again some day.

### Affan Khan (3 B)



## E-Learning The Next Generation Education

“Online learning is the next generation education which the entire world has been forced into. Short moment in time and the world has turned topsy-turvy. Transition from the old to the new has been difficult, as it is the case when anything has to change.

Keeping the students engaged productively has been the priority of the school. Some schools have been having a tough time getting on board with online classes. Practical issues besides the lack of equipment and connectivity, has hampered education in rural areas drastically.

E-learning at St. Joseph’s High School has made progress in leaps and bounds. The unusual situation has been converted into an advantageous end, by fostering creative and innovative ventures both by the management and teachers. Sports coaching, yoga, art, Greenline activities, assemblies, blended learning, critical thinking, introduction of various missions, etc have all been the fruit of no physical classes.

The achievement of the school can be encapsulated in the words of Jack Ma - "Opportunity lies in the place where complaints are." St. Joseph continues to be a beacon of light in the field of Education, even in this pandemic.

**Ms. Flavia Vishwanathan**



---

## We Excellence

“We Excellence” program, initiated in 2019, aims at imparting 21st-century life skills to students. Thirty-five gifted students from std V-VIII get selected as per all-round performance. Ms. Shalini Gamre, a psychological counsellor and an author, conducts these enriching sessions. The students and parents are highly appreciative of this initiative. True to the name 'We Excellence,' the students share their expertise with fellow students.

The motto of the program is to make excellence a habit.

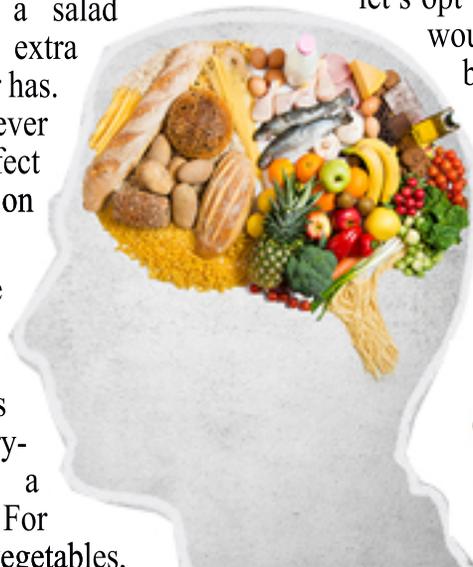
**Mrs. Nagaprabha**  
**Program Co-ordinator**



## A Healthy OUTSIDE Starts from the INSIDE

What is better on the menu: salad or burger? I'm sure many prefer a burger because a salad doesn't have the extra zing that a burger has. But have you ever thought of the effect of that burger on your health?

Someone rightly said, 'You are what you eat'. So it is necessary for everyone to have a balanced diet. For eg.: leafy vegetables, cereals, fruits, etc. We could also follow the 'five day plan' which includes 5 fruits and 5 vegetables daily along with other basic food.



**Suyash Jaiswar**  
**(9 A)**

---

## Grandparents

Grandparents are blessings from God, who are irreplaceable. They are angels in disguise who are always looking over their kids and grandkids. With the passage of time, people are losing touch with their tradition. Some households don't realise the importance of grandparents. The ill treatment of grandparents and apathetic behaviour towards them can never be justified.

You ask a kid about who pampers them the most, and the answer would be unanimous - grandparents. Their love is unconditional but mistakes are never ignored without being corrected. Not everyone is fortunate to have grandparents in their life. For those of you who have your grandparents with you - do take care of them and love them.

**Sarthak Kadam (5 A)**

---

## Nature

Nature is one of the greatest blessings for human life and has been an inspiration for numerous poets, writers and artists. If nature has the ability to protect us, it is also powerful enough to destroy mankind. Absence of one element of nature is enough to cause a catastrophe in the survival of life.

Rainfall and sunshine, the two most important elements for survival of living beings, are from nature. People are not caring for nature due to technological advancement. Polluting water bodies must be strictly dealt with by the government. The excessive use of automobiles, ACs and ovens emit a lot of chlorofluorocarbons, depleting the ozone layer, causing global warming, thermal expansion and melting of glaciers.

Nature has a powerful transformative power which is responsible for the functioning of life on earth. It is our duty to protect and conserve it for the future generations.

**Sameer Jaiswal (6 B)**



---

## Stay Home, Stay Safe

The outbreak of the pandemic has brought the entire world to a standstill. “STAY HOME, STAY SAFE” became the new norm in order to keep citizens healthy and safe. A lockdown was implemented all over the world to break the human chains of infected people. “Work from Home” concept came into existence globally.

The ‘Stay Home, Stay Safe’ norm has its pros and cons. Families got to knit and bonds became stronger but at the same time being at home led to an increase in depression, anxiety, domestic violence, etc. Children became prone to mobile games and the digital world. Although the lockdown raised problems such as recession, unemployment and migration, it taught the world the importance of being safe at home.

**Rishabh Pandey (5 A)**



### My Time in Quarantine

In the beginning I thought “quarantine” would be so much fun - not having school or any classes, but later I realized how difficult it actually was to stay confined at home. I often found myself bored and tired due to this pandemic. The gravity of the situation helped me realize that it was better to stay at home rather than risking one’s own life and putting others at risk too.

Initially watching television and playing computer games were exciting but as weeks passed it became monotonous and boring. Then came the online classes as a big relief where I could interact with my friends and teachers. The online classes are as good as the physical classes. Quarantine time turned out to be a blessing too, as I got to spend quality time with my family. Besides that it also taught me to value life and each other. Spending time with myself I ended up discovering few of my hidden talents too. Let us go through this uncertain time with positivity and good cheer.

**Sharvil Mohite (6 B)**

---

## The Vaccine of Covid-19 in Mumbai

A novel Coronavirus called SARS-COVID-2 has resulted in the outbreak of a respiratory illness known as Covid-19. This outbreak was first identified in Wuhan, China, in December 2019. There is a race for making a vaccine for Covid-19 and the world is eagerly waiting for a successful trial. The population of Mumbai is more than 1.24 crores, in which 30% of the city’s population will need the vaccine. BMC will take the help of the Government as well as the private hospitals for vaccine distribution. The strategy will be drawn after BMC’s door to door survey under ‘My family, My Responsibility’ is completed.

The vaccine will be first given to the frontline warriors and seniors and then to the citizens. BMC will start this mission with the help of 5,000 teams consisting of 15,000 frontline staff. We all hope that our life will come back to normal after the approval of Covid-19 vaccine.

**Himanshu Kumar(9 B)**



---

## Global Pandemic

The pandemic has caused global social and economic disruption. People have lost jobs, businesses have shut down, production has dropped and everyone has been affected.

Educational institutions, theatres, gyms, malls, markets, hotels, flights, trains, vacations all have come to a stop, also affecting the mental, physical and monetary health of the individual. The Management and staff of St. Joseph's High School, Wadala started online classes via Microsoft Teams despite the inconvenience, challenge and difficulties it posed. Teachers sacrificed their personal time, to make sure that the quality of education was not compromised.

This lockdown period taught us the value of many things - family time, online education, blended learning, work from home, sustainability, thrifty living, etc.

**Krish Chulani (8 A)**

---

### Educational System during Lockdown

The corridors have become silent, playgrounds are empty. The Covid-19 pandemic has left the school bereft due to the absence of its inmates.

St. Joseph's High School, Wadala was quick enough to make the transition, to cater to the students through online classes. Microsoft Teams became a platform to take school to the homes of the children. Besides quality education, new ventures were initiated to keep the students enthused and engaged.

Professional development, creative online assessments, workshops, training programs, etc all were undertaken by the Management to equip the teachers with the technical know-how, to better handle the online teaching environment. The well-being of students' education have always been the end of the school.

Teachers were quick to respond not only to the classroom demands, but also to each individual student's need, thus making the online teaching-learning process an enjoyable experience for them.

**Terence Francis Zavier (7 A)**

---

## Missing School Time During the Pandemic

The year 2020 -2021 happens to be the last year at school for me. I regret not meeting my friends and teachers due this unusual situation of the pandemic. The nostalgia of school life has increased to an unimaginable measure due to the loss of this year.

The pandemic has changed our very existence. Lifestyle and routine, which we were once used to, have all been forgotten. The new normal of sitting online, touring school, tuitions, etc have become the norm of life. I miss waking up early, going to school, interacting with my teachers and friends, playing outdoor games, small get-togethers, celebrations of birthdays, gathering for the morning assemblies and other activities both at school and in my personal life.

This pandemic will end soon and things will get back to normal. Hopefully, we the students of std. X will be able to be back in school for the remaining part of the year.

**Sarthak Nayak (10 B)**

---

### Technology

Humans had to work hard to complete their tasks, which seemed difficult or impossible in ancient times. They can do so easily in the present world, as they communicate with their friends who are thousands of miles away from them.

Mother Earth has become unsafe because of the misuse of technology by humans. They continue to abuse technology to become powerful by producing destructive weapons, which affects all types of living beings. Gandhiji may be telling God, "Why are they acting foolish, after I worked so hard to give them freedom?"

I appeal to everyone, "You cannot go to the past to undo it, but if you change yourself in the present, you can change the future." Use technology prudently to build the nation and its resources.

**Smit Sandeep Kherade (5 A)**



---

## My Interest in the Universe

One day, my teacher told me to learn a poem from Google. After reaching home, I took my mother's mobile phone and began to learn a poem. After learning the poem, I touched upon another video which had some interesting facts about the universe. I liked that video so much that my intellectual journey to the universe began.

I learnt about the planets, their magnetic fields, stars, Moon, etc. I am curious to learn more about our solar system which is 4.6 billion years old. The Moon's shape is not spherical, it is oval because of the Earth's gravity. With a diameter of 2,159 miles, our Moon Luna is the fifth biggest moon in our solar system.

During the lockdown, I created my own notes and gave a name to my book titled "Magical Facts about the Universe".

---

## Arnav Prashant Mali (4A)

### Mobile phone – A must!

There was a time when owning a telephone was considered as a status symbol. The mobile phone, however, has changed all that. In the modern world the mobile phone has become an integral accessory of a person's life. India today has the third largest mobile phone users after the US and China. The mobile phone has a number of features making it an attractive instrument to own.

A mobile phone can be operated from any corner of the earth, with its modern features we can send or receive messages instantly. It is a boon for

---

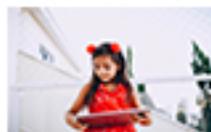
## Blackboard to Broadband

Traditional teaching has got a complete makeover during the pandemic. Just like any other walks of life, education too adapted to the 'Work and Learn from Home' culture. The transformation in education was an uphill task. It initially appeared impossible, but the leadership of Mrs. Sangita Bhattacharya, the Headmistress and Principal, paved the path for a smooth transition from blackboard to broadband.

The long hours of training programmes, purchase of personal gadgets, trial and error methods, etc have all ended in fruition. Zoom application marked the initial days of e-Education, which was later substituted with Microsoft Teams. The features and facilities provided by Microsoft has helped launch a full-fledged teaching learning experience for the students - online Assemblies, Investiture Ceremony, Independence Day, Teachers' Day, Children's Day, emotional workshops, the list is endless. Parents and students are overwhelmed with the broadband education carried out with finesse in the new normal conditions.

---

## Mrs. Nagaprabha Secondary Supervisor



## Mission Bridge

Bridge Course, an initiative of Fr. Godfrey D'sa sdb, was to accompany average students of VI - VII, to strengthen their basics in all the subjects, and help them transcend to the mainstream class. Strategic intervention for 20 hours weekly by 3 professionals through videos, pictures and worksheets, is the essence of the curriculum. Limited portion with weekly assessment help develop individualized plan for the betterment of the child.

The programme which commenced in July 2017 continues to remain an important subset of St. Joseph's educational pedagogy. The programme holds a success rate of 80 % since its inception.

some, but was considered a curse for the younger generation especially the students. The addiction of students to mobile phones was something which the parents and elders disliked. But in these times of the covid 19 pandemic, the mobile phone is like a saviour for the students, which facilitates the online learning.



---

## Sarthak Sarang (8A)



---

## Dark Clouds

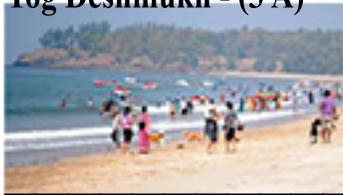


### The Place I Would Love to Visit

The place I would love to visit is my native place at Roha. Last summer we were unable to go there due to the lockdown. How I missed visiting that beautiful place! We have a big house there and a lot of open space to play, as compared to our home in Mumbai. I love the fresh and revitalising air of my village, besides that it is the ideal place for sky gazing. This year, as soon as Diwali vacation commences, we will pack our bags and leave for a short vacation to Roha.

Roha here we come!!

### Yog Deshmukh - (3 A)



The dark clouds in the sky is often referred to rainy season and very dark clouds forecasts heavy rainfall, which results in water logging, traffic jam, floods and what not. But in the last year, the dark clouds of Covid-19 pandemic brought the world to a standstill with its waves of gloom, sadness, misery and helplessness everywhere. This forced people to slow down, sit back and reflect about the essential aspects of life.

A transition from human "doing" to human "being", was seen. It dawned upon human, that stoppage of their "doing" helped in rejuvenating the earth drastically. Man lost in the humdrum of life came to himself for the first time - the gift of life was valued much more than any time before.

A new world of solidarity, sharing and caring is being witnessed, wherein people are coming out in service of the other - the needy, the poor, the lonely, etc. The catastrophe has devastated the existence of life and the economy but has unified millions of hearts for a better world. May the utopian world continue to manifest itself in the post pandemic environment.

### Mrs. Smita Lewis



### Special Education Teacher's Support Services - SETSS

The SETSS program commenced in 2013, providing specialized assistance to students (Std I - IV) with learning difficulties in English. The process entails screening, culling out and categorization, to devise group and individualized plan, to develop all the facets of the language. Scientific approach is strategized to enhance reading, vocabulary, reception and expression.

The finesse given by the two professionals during the four hours of weekly intervention, has scaled the success rate to 80% over the years. On an average around 50 students are annual beneficiaries of SETSS.

### Ms. Ritika Mehra

---

## The Power of a Smile

Languages, behaviours, actions and gestures - all have got different connotations in different countries. A native expression in a foreign land, at times could be very offensive and subject to scrutiny but the expression of a "smile", is something unique and understood by all, and moves beyond the realm of misinterpretation.

The 3 centimetre upward curvature of the lips on the face, gets both the brain and the heart activated. The brain releases dopamine, endorphins and serotonin to make the person feel happy while the heart begins its colloquy with the other person. You heal yourself and extend your warmth to the other. Give it away freely and get all around you gripped in this web of love. Keep Smiling!!!



---

### Ms. Jennifer Dabhi

---

## Corona: A Pandemic

Have you ever thought the world would take a big pause? But it's a reality now. Suddenly everything has changed.

During this period we realized that doctors, nurses, civic workers, police, vendors, farmers, etc are no less than our soldiers at the battlefield. They have risked and are still risking their lives for the good of the

other. The teachers also are working very hard for online education to happen. The scientists are working tirelessly to invent a vaccine. The government bodies such as the municipal corporations, the government authorities and hospitals are also doing a lot, for the benefit of society.

I pray to God for the safety of our heroes and that the pandemic be taken away so that we may be able to resume school.

Till then let us take the necessary precautions, make prudent use of the time at hand and stay healthy.

**Amogh Dalvi (5 B)**



---

## Impact of Covid-19

Covid-19 slowed down not only our lives but also the economy. The Government of India announced the first lockdown on 22nd of March 2020. During the lockdown, due to the increasing Covid-19 cases, our frontline warriors tried their best to make sure things were under control. For example, the police made sure that no one came out of their homes. The hygiene staff

ensured that our surroundings were always kept clean, the doctors didn't go home for days because they put their duty before their family. Schools and colleges were closed and online classes began. People worked from home and began taking extra measures to ensure that they were Covid free.

Children and adults worked on their hobbies and spent quality time with their families. The only message on everyone's lips was "Stay home, Stay safe".

**Atharva G. Sawant (6A)**

---

## Year of Covid-19

We all agree that our daily routine has changed tremendously due to Covid-19. No sooner we step out of our homes we wear a mask and frequently use sanitizers. Social distancing is one of the norms we have to follow. People are facing problems of no money and unemployment, which has increased the level of poverty.

In the midst of this discouraging environment, we salute our frontline warriors – doctors, nurses and police personnel for their undaunted spirit of risking their lives, to keep us safe. During this period, let us all stand for each other and hope for the new world, where freedom will be restored.

**Atharva Kesarkar (6A)**

---

## My School during Covid – 19

St. Joseph's High School, Wadala, Mumbai started online classes in the new academic year. The online classes are interactive and full of fun. During the current crisis, sports have been affected badly but that was not the case with my school. All the sports, physical and extra-curricular activities are conducted through online classes.

Mission Y.E.S. (Young Emerging Scientists) was also initiated to find and nurture budding scientists. The new initiative will help the students learn from each other, develop confidence and be proud of themselves. The school has taken a big step in making the education of the students happen, even during this pandemic. I am proud to be a Josephite.

**Tejas Kumar (5 B)**



---

## The Person I Admire the Most

The person I admire the most is the first President of America, George Washington. I admire him because he made a lot of sacrifices for his nation. He was known as the "Father of the country." His qualitative leadership and optimism gave him the opportunity to serve America as the President, for two terms.

The imprint of his image on the one dollar bill, attests the appreciation the people of America have for him. He was truthful, and he never ever lied to anyone. When he was a child, he chopped his daddy's favourite cherry tree. His father was very angry when he learnt about it. George confessed to the crime and accepted his mistake. Washington's father embraced him and rejoiced for his son's honesty. Let us always try to be honest and be a good example to the other.

### Adityan Sentil (3 B)



Water is the most essential thing for all living beings. Imagine if there was no water! Our farmers would not be able to cultivate crops and we would starve. Trees and plants would also not grow and we would not have fruits to eat. There would be drought which would affect not just human beings but also animals. Aquatic animals too would suffer. 97% of the earth's water is not potable and only 3% of the earth's water is fresh, which can be used for drinking.

Therefore, it is vital that we save water. Here's what we can do to save water:

1. While bathing, we should use a bucket instead of the shower.
2. Let's make a conscious effort of not leaving the tap open, while washing our hands, brushing our teeth, etc.

### Sachit Shetty (4A)

#### Some Facts about Space

Space - An open, limitless, vast empty area. Here are some interesting facts about space:

- 1) A Silent Abode - There is no atmosphere in space, sound cannot propagate to our ears. Due to this astronauts use radio signals to communicate with each other.
- 2) Hottest planet in the solar system: Venus - Mercury is the nearest planet to the Sun. It does not have an atmosphere so it cannot regulate the Sun's heat whereas Venus has a dense atmosphere which regulates its heat at an average of 400 degree celsius.
- 3) Price of a Space Suit - An average NASA space suit costs around \$12,000,000 which is approximately 90, 36, 85,000 INR.
- 4) Universal Waste Management System - It's a space toilet costing \$23 million.
- 5) 1 day on Venus is 1 year on earth - As Venus has a slow rotating axis it takes Venus 243 earth days (days vary due to revolution) to rotate around its axis.

### George Quadros (8B)

## Nature our Best Friend

Our planet Earth is blessed with beauty, greenery and nature. Nature is our best friend which satisfies all our needs. It gives us fruits and vegetables to eat, water to drink, land to live, etc.

We should help our best friend by planting trees and taking care of them. Throwing garbage, releasing chemicals in water bodies or cutting trees can affect our environment negatively and hence it should be avoided.

Let us take care of nature before we become victims of unusual rainfall, floods, earthquakes or any other forces of climatic change. The change in the environment has already led to melting of the glaciers resulting in the increase of the water level.

Every institution, school and individual should take the initiative to plant at least one tree to save our Mother Earth.

### Mayank Shashikant Patkar (6B)



---

## Lessons Learnt from Covid-19 Crisis

We have often heard of the two theories of a half filled glass where the pessimists insist the glass is half empty while optimists believe the glass is half full. Likewise this pandemic also has two perspectives. It all depends on how we perceive it, not forgetting that every cloud has a silver lining. In doing so we realise this pandemic is a great teacher.

We learnt to rekindle hobbies we once had a lot of passion for, but sadly were taken over by our busy routine. We learnt not only to slow down our hurried pace of life, spend quality time with our families but also to value relationships, surrender ourselves to God and respect every human life. People across the world realised that unity is strength. I learnt that one can find opportunities even amidst challenges.

**Soham Santosh Jedhe (8A)**

---

### Mission Coding

Coding is the buzz word of the present time. It holds a lucrative position in industry today due to its short and long term benefits - logical and critical thinking, problem solving ability, new language, confidence, ability to earn, etc.

Mission Coding is being launched at St. Joseph's High School with three programming languages namely SCRATCH for grade 4-5, HTML for grade 6-7 and PYTHON for grade 8.

Two professional instructors will facilitate the process with different modules. Registration in large numbers ascertains the authenticity of its market value. Children from other school will also have access to this program with conditions applied.

**Mrs. Namrata Maskar & Mr. Sunny D'Souza**

---



---

## Global Warming

Global Warming is a hike in the average global temperature on earth. Burning of excess fossil fuel and the release of toxic fumes into the atmosphere is the major cause behind global warming. Global Warming can have disastrous effects on living organisms.

The major reason for Global Warming is the burning of fossil fuel for energy. It has been noted that the average temperature on the earth has increased by 1.5 degrees Celsius in the past decade. This is a reason for worry as it can damage the ecosystem, resulting in environmental changes. The heat rays reflecting from the surface of the earth get trapped in the atmosphere because of the carbon dioxide present in it. This is known as the 'Greenhouse effect.'

Global Warming can be reduced if we take concrete steps like restoring the lost vegetation in our forests, use clean energy sources like wind energy, solar energy, tidal energy, etc. Small positive initiatives in this regard can bring about long term benefits.

**Saksham Tambe (8B)**

---



**We Salute You**