

SCRIBE



St. Dominic Savio

HOPE FOR THE YOUNG

HOPE *is life*

*He who has
Hope
has everything*

The Messengers of Hope
JOSEPHITES

WE-HOPE

DELIVERY SERVICE

SCRIBE

VOL. 1, NO. 3/ 2021

PUBLISHED BY ST. JOSEPH'S HIGH SCHOOL, WADALA (FOR PRIVATE CIRCULATION ONLY)

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'Hope' that Shines Brighter

We need never be hopeless because we can never be irreparably broken.- John Green

I am a hopeful person and continuously look for a silver lining in situations.....

Fr. Ajay D'Monte, pg. 7

Hope - Optimism in Despair

Hope is a fire that keeps one burning with desire to achieve, even after one has failed.

Every man has a goal in his life. He needs to struggle, work hard and even sometimes.....

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Hope

Hold (H) on (O) pain (P) ends (E), stand tall.....

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Hope

What is Hope? It is a feeling of expectation and desire for a particular thing to happen. All of us are sustaining because of our desires.....

Mr. Aadesh Ramraje Ex - Student, pg. 13

Hope

Michael Jordan, arguably the greatest basketball player, never made it to the high school team in his first attempt.....

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Hope is Life!

William Cowper, had sunk to the depths of despair.

One foggy night, he called for a horse drawn carriage and asked.....

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Hope - The Essence of Life!

Hope is life! It is very powerful to live a full life.

Hope inspires us to do the impossible, to work more,.....

Mrs. Jennifer Dabhi, pg. 19

Hope

A small flower blooming on a small sapling, from a small crack of a dry rock, envisions hope!

The meaning of Hope can differ depending from person to person.

Mrs. Pavita Fernandes, pg. 19



HOPE IS LIFE

Lionel D'Souza CHIEF EDITOR

All around there's darkness, we long for the light
Seeing the terrible situation, gives us the chilling fright
We gather our courage, and slowly start to cope
Life gets better and beautiful, once we start to hope.
The sick cannot be cured, but they surely can heal
It's the thought that eventually changes, the way that we feel
The storm may seem dangerous, but if we laugh in the rain
Hope in the toughest situations, can diminish the pain.
The sun may sometimes disappear, there'd be a dark cloud
Without having hope in us, we'd feel lonely in a crowd
There are many obstacles, but if we start to hope
Life can easily overcome, any challenges found in the globe.
Hope is the assurance, that there is a tomorrow
Hope makes the candlelight, in the darkness glow
Hope is the promise, that no matter what the strife
We can overcome anything, Cause Hope is Life.

“You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one.”

The lyrics of the all time greatest hit - Imagine, are so relevant today in the lives of each and every member on Planet Earth. We see a shattered world today, a world which till some months back was moving faster than light. We are still living today, but the magic, the colour, the excitement and glamour all seem to have been snatched away from our lives. We were machines ourselves, we had ceased to be human beings. We seemed to have no time for anyone, not even ourselves. Family, friends, relatives and others had all been pushed into oblivion.

Suddenly, something hit, something hit hard and fast, and we, the machines, the perfect machines had lost control, and suddenly, we were looking lost and defeated. All of a sudden, we realised that we were part of a family, we had neighbours, we had friends and suddenly, a commodity called TIME, which nobody had, was discovered as we all were forced indoors.

Do we give up? Do we see darkness all around? “Hope is being able to see that there is light despite all of the darkness.” This is where Hope comes in. Hope is available freely, it is seen even in the most unfortunate thinking person. We have to just tap it. We have to live hope, we have to spread hope. Our lives today and even pre-December 2019, were depending on hope. The only difference being that, we never hoped for such days, but now we have to hope that such days depart from us forever. Whether it is the sick, the marginalised, the poor or the broken hearted, all of them need hope. A word whispered in the ears of someone in trouble, a smile to the broken hearted, a visit to someone ailing are all hope filled gestures, that suddenly give light in darkness to the most desperate.

I would just like to say - “A person needs just three things to be truly happy in this world: someone to love, something to do, and something to hope for.” If we provide the love to those longing to be loved, if we could provide them something to do for a living, and most of all, if we provide a ray of hope, we would have done enough to make this world a heaven for generations to come. So let us “Walk on with hope in our heart, and be assured that we will never walk alone”.

FROM THE RECTOR

“In a time of destruction, create something”
- Maxine Hong Kingston.

For the past 19 months, we have seen only destruction all around us. Deaths, ailments, fear, loss of jobs, financial losses, hunger and most glaringly, the feeling of the loss of hope.

To live life in such unprecedented times is not easy. The right ingredient to give anyone or the correct thing to create, is HOPE.



“Courage is like love; it must have hope for nourishment” so goes a famous saying. We need to give courage to the less fortunate ones, but for that courage, we need to have hope. Hope is best gained after defeat and failure, because then the inner strength and toughness is produced. Whenever we lose something, we fail in some task, we do not achieve the desired results, etc., we tend to lose confidence and hope. It is here that the real character in us is reflected. Either we stand up and fight, or else, we just give up. To stand up and fight, we need HOPE.

Hope is not available in a mall, medical store or some online shopping portal. Hope is either given to us by some God-sent persons or it comes to us when we see or experience the most difficult situations, when we are forced to fight with our backs to the walls.

Not only in these times, but since time immemorial, Hope has always kept the world going. If there'd be no hope, there'd be no life. A woman with a child within her, hopes that she gets a cute and healthy child. A person on the way back home in a heavy downpour, hopes to reach his home by getting some mode of transport. A hungry and poor kid, hopes to get something to eat, inspite of not having anything to buy the food. A sportsman whose team is losing, hopes for a dramatic turnaround, which can change the impending defeat to a resounding victory. All these situations have only one common ingredient.....Hope.

William Shakespeare once said, “The miserable have no other medicine but only hope.” This statement is so true, especially in today's situation. The whole of the human race is disturbed. The pandemic has hurt each and every human, and each sector has been badly paralyzed. Education, Finance, Business, name it, and you realise that everything around us stands destroyed and that is making all of us anxious. For us to come out of this troublesome situation, we don't need any medication, any physical exercises or any monetary requirement. The only way to come out of this situation, is by having HOPE. Maybe talking to people, visiting them, giving them some assurances are ways of giving hope, talking positively and giving them the examples of various successes achieved by people, despite having monumental problems are also ways that can provide hope.

Today, all we need is :

H - Handle

O - Our

P - Problems

E - Easily.

Fr. James Nigrel, sdb
Rector & Parish Priest



FROM THE PRINCIPAL

Dear Josephite Family,
Once, all villagers decided to pray for rain.
On the day of the prayers, all people gathered, but
only one boy came with an umbrella...that's faith
Every night we go to bed.
We have no assurance that we will wake up
alive the next morning –yet we put an alarm
that is HOPE.

Mary Kom, our co- flagbearer at the Olympic
Games Tokyo 2020, is a symbol of courage, faith
and hope.

The vegetable seller outside Wadala station has hope, that
one day his son will study in a good school.

The Teacher hopes that he/she is able to reach out to every child in
class. The students hope that they will be back in school, playing with
friends, sitting in class and learning physically after so many months.

As we live in this world with its challenges in moments of difficulty and crises, we
look ahead and live our daily lives with hope for the future.

As Albert Einstein said “ Learn from yesterday, Live for today & Hope for tomorrow.”

For me St. Joseph is a symbol of hope; that is, he listened to the messages of his dreams and he acted
with faith and hope. He had to hope that he would be successful in doing so.

In life, we only focus on our weaknesses, at the same time we can make them our strength, with a little bit of
courage and heart we can turn every disadvantage into an advantage.

My fervent prayers is that this pandemic ends soon and we are together again!

I would like to conclude with these words I came across on the net:

*Hope is that thing inside us that insists,
despite all the evidence to the contrary,
that something better awaits us
if we have the courage to reach for it and
to work for it and to fight for it.*

Mrs. Sangita Bhattacharya
Principal & Headmistress

‘Hope’ that Shines Brighter

We need never be hopeless because we can never be irreparably broken. — John Green

“I am a hopeful person and continuously look for a silver lining in situations or the way to get through or over an obstacle. I believe you always can find or create something positive, and even the worst conditions can be made better by imagining something good on the other side.

I believe hope opens doors and brings solutions. And hope keeps us moving forward even when things look hopeless.”



The above sentence is one very powerful one I read somewhere. It is really good to read and meditate. You can speak volumes on hope and encourage people, but truly when you are in a situation – hopeless situation- when everything seems lost or when you feel abandoned or when you are sick and are waiting for death or when you fail exams continuously things won’t seem as it should be and as you preach to others. This I have experienced in my life. I read and listen to videos that speak about hope but nothing enters the mind but only for the moment.

Many people in many places around the world feel hopeless. They see the world negatively because they look at the news, politics in their country, their lives, or a particular situation and don’t see how they can change anything. Their sense of powerlessness leads them to hopelessness.

And if they don’t think anyone or anything will cause a change to happen—no matter what—they become hopeless. After all, how can you have hope if you don’t believe anything can or will change for the better? However, you could choose differently, which is what I tend to do. I look at a so-called hopeless situation and consciously seek a reason to have hope. I generate hope.

Why? Because hope has the power to move you forward. It ensures you don’t feel desperate or take desperate action—like creating a scam to get yourself out of a dire financial situation or, worse yet, taking your life. No matter what, you have to have hope. Hope is what drives you forward. It’s a feeling—a knowing—that there’s something better in the future. Hope keeps you looking forward to that “something better” and finding ways to create it.

No one but only you can create hope in a adverse situations. Others are all helping hands or are they pointing fingers to the future to be confident and hopeful. The moment you decide to choose it, your life becomes bright.

“Gaslighting’ is a complex, nuanced term that many have experienced or perpetuated. If you have ever been made to question the validity of your faith, your perception of reality, your lived experiences and feelings; you may have been a victim of gaslighting. In a grace-resistant world full of post-truths, we must learn how to deal with gaslighting by returning to the Truth of God’s Word.” Kanayo Dike

Beware: If your trials have caused you to have open wounds that have produced bitterness, resentment, revenge, jealousy, or unforgiveness, you’ve become a potential breeding ground for demonic activity. If you’ve harboured sins or rebellion in your life, don’t be surprised if the devil attacks you.

God’s Word tells us to be on fire for Christ, ablaze with the Holy Spirit’s power in our lives. The fire is not a comfortable place, but at times it’s a necessary place. Job trusted God despite his horrific circumstances, and he said, “I will come forth as gold” (Job 23:10). That’s the kind of hope we need — hope that just shines brighter in the fiery trials of life.

Dear Josephites as we go ahead with another pandemic online academic year, allow yourself to be strong, not to give up but have hope for the better future. You may feel that you have been tested like gold in the fire but like Job trust in your God and in yourselves.

Fr. Ajay D’Monte

Counsellor and Assistant Parish Priest

Saint Dominic Savio - The Hope of the Young

St. Dominic Savio was born in a village of Riva, In Piedmont, Northern Italy. He was born on April 2 1842 and died on March 9 1857 at the age of 14. His parents were Carlo and Brigitta Savio. They were very poor. Domic was baptized as Dominico which means “Belonging to God ” and Savio means “Wise “. At the Age of 4 he was able to pray by himself. He was often found alone praying. Domic received his first holy communion at the early age of 7. At the age of 14 his health started deteriorating. Doctors told Dominic to stay home and recuperate from his illness. Dominic’s cough got worse, doctors recommended bed rest but Dominic had a feeling that death was near. But on March 9 1857 Dominic breathed his last.

Dominic was a special child of god. He spent a lot of time with his friends encouraging them to be devoted, discouraging those who used bad language and teaching Catechism at Sunday school. He also encouraged people to go to confessions and receive communion regularly. He is the youngest person that the Catholic church has ever declared to be a saint on the basis of his heroic virtue alone for his exceptional goodness. He was the patron saint of astronomers. He loved God with devotion and always prayed - “ I am not capable of doing big things. I want to do everything, even the smallest things, for the greater good of god”.



Young people need to learn to be systematic, consistent, devoting oneself to god. He was a torch bearer for both the young and teenagers alike. Savio appeals to the hidden warriors within the youngsters that is why he is also known the patron saint of “Juvenile Delinquents” and is a great intercessor for all youth, especially those who have fallen prey to bad influences or gone astray. Thus his life displayed a life of holiness, devotion and a heroic faith in god.

Rishab Pandey
VIA

Josephites - The Messengers of Hope

When the entire nation is threatened by the Covid-19 virus, the Josephites never fail to help others. Many families are struggling with homelessness and diseases. God is calling Josephites to be the ‘ Messengers of Hope’.

In order to reach out to others in the pandemic crisis, and ensure that no one sleeps hungry, the Josephites started giving the basic requirements like food, shelter and clothing to the children who were in need of help. In such situations, they did not compromise on the children's studies. They made arrangements for ration in order to nurture some underprivileged children. They provided tablets for children to continue their online education. The warm-hearted Management Team gave concessions in fees, to those children who could not afford their school fees due to financial issues.

Josephites, the ‘Messengers of Hope’, truly practise the message - Hope is the best gift that a man can give. Hope is the remedy for all, especially for the people, whose hearts are filled with despair and grief. It makes life more worthwhile and induces other virtues like courage and perseverance, strengthening the will to live. The most beautiful feeling for Josephites - the ‘Messengers of Hope’, is bringing joy and happiness to others, making everyone smile, with hope.



Kunal Vishal Chonkar
VIII A

My Doctor, My Hope

A doctor is one who serves and treats a patient, regardless of his or her urgent work. One can say that a doctor's life is very difficult. They advise productive ways to stay healthy. During this pandemic, they have proved to be a hope for the whole world.

Sanchit Shetty
VA



The Power of Hope

For me the concept of Hope is something that I keep pondering over in my mind everyday. During this lockdown period I just keep having high hopes as to when things will be back to normal. The excitement of playing football on the school grounds and hoping to score a goal. Or it could just be to have a good chat with friends in the school bus. I feel, as a child, right now everybody is just hoping to get back to their normal life. Yes, it will happen because hope keeps us alive. This moment is just a passing phase and I am sure we all will be able to see the colourful rainbow of hope.

“Hope is being able to see that there is light despite all the darkness.”



Stay Positive About the Future

We believe that we are capable of anything no matter what the odds are. Just because today isn't going well doesn't mean that your future is ruined. You should be able to achieve the impossible, you need to be hopeful even when things are not going right. Life, can not only be understood backwards, but it must also be lived forward. It's like saying, "If we set realistic and exciting goals, we are more likely to break them into manageable tasks which we can accomplish." So even if you have no idea of what your future will look like, you can attract great things just by maintaining a positive and optimistic attitude towards it.

Ameya Kamble
VII A



“All Is Well” might seem like a simple phrase, yet it carries positive energy and positive attitude that gives us the inner strength to reach our goals. Before starting any big or small task, work or action, we should think positively and look for solutions. Whenever difficulties come in our way, focusing on the solution and reminding ourselves that ‘All is well’ will help us achieve our goal. In other words, “All's well that ends well.”

For instance, a boy prepares and attends various competitions, however his lack of success for the past five years has left him discouraged. But, this year he went into the competition with an optimistic attitude, focused on his weakness and finally won this competition. Having reached the end, he is happy, and this encourages us to believe that in all things it is better to hope than to despair.

Jitendra Pathak
VI B



All is Well

Tourism – A Heritage

World Tourism Day is celebrated each year on September 27. The day was first celebrated on 27 September 1980. The main aim of this day is to raise awareness in the sector of tourism. It teaches people about social, cultural, economic value Worldwide. Travelling to different destinations helps us to relax, detoxify our minds and achieve peace. Tourism is a significant income generator for a country's economy. Tourism has gained an altogether different high with nations collaborating on innovative efforts like adventure tourism, eco-tourism, and wellness tourism. The livelihood of billions of people depends on tourism.



Aaradhya Patyane
VII A

A River is more than an Amenity, It is a Treasure

'A River is more than gold, it's a Treasure', we cannot live without it. Rivers are the largest water bodies of fresh water. World rivers day is celebrated on the fourth Sunday in September every year to create public awareness. In the present age, we use rivers for irrigation, in agriculture, for transportation, to produce electricity, for drinking water, etc. Rivers are often home to a variety of species. But in the current age, chemical waste products from industries are discharged into rivers. We pollute the rivers and these pollutants kill the fish and other animals. We won't get adequate amount of drinking water, if the rivers are polluted. "IS THERE ANY SOLUTION TO THIS"? Yes. Dispose off the toxic chemicals properly. Don't pollute the water bodies with garbage. Let us preserve our rivers because if we preserve them, we will be able to survive. Billions of people depends on tourism.



Alex Koola
IX A

International Friendship Day - Friendly Hope

Friendship is the symbol of trust, love, care, sharing, responsibility, understanding, devotion, sacrifice, and support. It is very important in life, because friends are an inseparable part of our lives. Without friends, life can be compared to a body without breath. Without friends, people would feel lonely. Friends give us hope, when life is low. It is very difficult to imagine life without friends, as there will be neither love nor support. Friends are forever, they share our worries, brighten our lives and bring happiness. To promote this nature of love, care, trust, responsibility and understanding, the celebration of Friendship Day is very important in our lives.

Vatsal Chapade
V A



International Youth Day - Youthful Hope

International Youth Day recognizes and celebrates the contribution of youth around the world. The day not only focuses on the efforts of the youth in the development of the country, but it also promotes ways to engage youngsters in making positive contributions to their communities. Sadly, many youth around the world today and in these uncertain times, battle the suffocating grip of poverty, disease, lack of resources, education, and more. The progress, dreams, and world-changing abilities are restricted for many young people. We consider the Youth of our world to be the HOPE of tomorrow... let's then give the youth a chance and opportunities to use their unique God-given talents and potential. Our goal is that the youth should be prepared, equipped, and able to support themselves while contributing positively to their families and communities.

Hamza Khan
IX A

Raksha Bandhan - Hope is Security

Relationships are revered in Indian society. Of all the relationships, the relationship between brother and sister is highly adored and respected. The love, expectations, hope, aspirations and security shared between a brother and a sister, especially in our Indian tradition and culture, speak volumes. This day is celebrated between all brothers and sisters with infinite love and warmth. Let's carry this custom ahead with great respect and pride, hope and love.

Hiten Patil
VII A



Hope - The Freedom to be Free

'Freedom', when this word comes to our mind, we think about freedom of speech and expression. For me, as a child, freedom is to explore the world and learn new things. We are living in a pandemic, so freedom now is a hope that someday, we will be able to live our life as freely, as we lived some months back.

Hussain Mapari
VA

Hindi Diwas - The Language of Hope

Hindi Diwas is celebrated every year on 14th of September, marking the significance of the day when the Constituent assembly of India made HINDI, the official and national language of India. India is a country of different languages and every language has its own importance, but it is very important to have a language of the country which should become the identity of India. As per a survey conducted in 2001, more than 422 million people speak HINDI in our country and the number continues to grow. Hindi binds our Indian citizens together as a symbol of unification. That's why we can say that Hindi is a language of 'hope', because it has the hope of unity which is important for every citizen living in India. Hindi Diwas is a special day where we can draw people closer together to the Hindi language and culture.



Vedant Bhuvad
VIII B

Bakri Eid – Hope in Sacrifice

Bakri-Eid is a festival celebrated world-wide by our brothers and sisters of the Muslim community. Every year during Bakri-Eid, Muslims around the world sacrifice an animal, mainly a goat. The festival is celebrated to reflect Prophet Ibrahim's obedience to Allah, which is also called as Udhiya.

The meat obtained by sacrificing the animal has to be divided into 3 parts. One for each, ie. the poor, neighbours and family. Prayers are offered before the meat is distributed. This act of animal sacrifice feeds many people, behind all this, is that the person worship just for show, doesn't but if it is performed with the right This is a festival of sacrifice and



especially the poor. The hope who performs this act of really earn credit from Allah, intention, then that act counts. hope.

Suyash Jaiswar
XA

Hope - The Essence of Life

Many of us could not even live a life of peace without having hope deep inside the heart. Our lives are so unpredictable, hard and difficult to overcome sometimes. Hope – the essence of life keeps our eyes wide open for an improved future. We all know how difficult it is to keep the inner faith alive within us during the most crucial and critical times, but, those who never let go of hope actually make it to the end. No doubt life is not less than any war. But it's not that bad it only makes us stronger to face tough times in the future. Hope not only gives us the strength to overcome pain, difficulty and miseries in life. A true hope or belief is unbreakable. Just ask yourself – what is your belief? If you believe to have something good in the future, and expect it to happen, that is hope. When you keep telling yourself that there will be no more pain and sufferings soon, you hope for it. It's an inspiration to live life the best way we can.

Divyansh Shrivastava
X A

My Message Of Hope

Hope is described as a feeling of expectation and desire for a certain thing to happen. An idea is described as satisfying one's conception of what is perfect. It is safe to say that when you combine those two words together you have an expectation and desire for what is most suitable for yourself. Hope is compelling, because it is universal. It crosses all human boundaries: age, race, class, gender, ethnicity, religion, political or any other persuasion. Everyone needs hope, and almost everyone exhibits at least some measure of hope.

Sharvil Mohite
VII B



Hope – The Wings on which you can Soar in Life

Humans! Do they have wings? Yes, wings to soar high with hope to lift them up. Our human potential stops at some point. And that's where hope comes in our lives. Hope is an optimistic state of mind, that is based on expectation of positive outcomes with respect to events and circumstances in one's life.

In order to soar high in life, nurturing hope also requires self compassion and willpower, it also involves hard work and commitment. If you can think big, you can achieve big. The focus should be on the outcome, not on obstacles. Similarly, hope is a belief that will help throughout and make you feel positive. It will energize your heart and mind and give you reason to start again. The miserable have no other medicine, only hope because it's the power to see that there is light somewhere despite all the darkness.

Joel Rodrigues
X B



Faith sustains Hope, Hope sustains Life

What is hope? Hope is what keeps a drowning man afloat, hope makes your dream become a reality, hope is what makes us climb all mountains of misery, it is a ray of light at the end of a dark tunnel. No matter what situation we may be in, when someone has hope, they always make it through the storm and reach their destinations.

Great people like Mark Zuckerberg, Bill Gates and Einstein had hope in their heart so they achieved their goals and made their dreams come true. The farmer works in the heat and hopes for a good yield, students keep on studying hard in hope for good marks, an athlete trains himself in the hope of earning a gold medal for his country. In these pandemic times, right from the farmer everyone has 'hope' that this time too shall soon pass tomorrow. Dream big - the harder you work for your dream, the greater you will feel after achieving it.

Karan Chulani
X A



Hope - Optimism in Despair

Hope is a fire that keeps one burning with desire to achieve, even after one has failed.

Every man has a goal in his life. He needs to struggle, work hard and even sometimes burn the midnight oil to achieve that goal. Struggle is the secret of man's progress. A person who has Hope in him can never fail. It is well said by Bernard Shaw, "He who has never hoped can never despair". We do fail in the process, but it is hope that makes us try again and again until we succeed. Many of us could not even live a life of peace, without having hope deep inside the heart. Life is unpredictable, hard and quite notorious at times. Things go out of hand and beyond our control many times. Hope helps us keep the fight on and improves the chances of making our life better. Hope – the essence of life keeps our eyes wide open for an improved future. I know it's very hard keeping up with the inner faith during the most critical times, but those who never leave hope, actually make it till the end. No doubt life is a solid war zone. But it's not too bad either. Try to keep your eyes full of dreams. Hope not only gives you the strength to overcome pain, but it also makes the journey for the future easier.

Let's not worry about the fact that today is bad. Hope keeps us saying that tomorrow will be better than this. Hope is optimism. When I'm hopeful for anything, I'm thinking that the sorrow and difficulty of today will soon end. Hope keeps us positive. As you know, our mind has lots of effects on our actions. If your mind tells you to stay strong on a path and not to lose courage, you will do so. So, hope gives a positive mind power. It generates an aura around you which protects you from the negatives. This is why, hope will always be the essence of life. It plays a role of foundation that sustains life.

When we stay positive about our future, and feel that we have to fight to win the problems, our probability to succeed increases. A true hope or belief is unbreakable. Hope is the result of both desire and expectation. We are alive as far as we have hope in us. It is rightly said, "Hope sustains the world".

Mrs. Placida De Sequeira Nazareth



HOPE

What is Hope? It is a feeling of expectation and desire for a particular thing to happen. All of us are sustaining because of our desires, small ones or big ones, our desires keep us going in order to achieve them. We have been told that the monks have no desires in life, so what keeps them going?

The monks desire to have no desires and that keeps them going. This shows us that every single person has their own desires and expectations which keeps them hopeful about something positive to happen. Hope can affect our lives in multiple ways, it can motivate positive actions, it can help you manage things around, it can build a certain personality and it can create the hunger for anything. Hope is not only about reaching a destination but also getting out of a phase that you don't wish to stay in. Hope is a feeling that makes you feel that the next day will be better and that's why hope is life.



Aadesh Ramraje
Ex - Student

HOPE

Hold (H) on (O) pain (P) ends (E),
stand tall, in an ache life extend.
Erase and catapult your sorrow,
God will bring a beautiful tomorrow.
But don't forget to hope for the best,
it's the only place where you can rest.

After each storm there is a ray of hope seen in a rainbow,
Similarly when all doors are closed, God opens a window.
Hold on to that hope,
as it has the power to lift you up the most.
You can survive without food, water and air for sometime,
But without hope you can't revive humankind.
And if you ever pass by me and ask for its meaning,
My answer will be dreaming, healing and breathing.



Mrs. Mamta Bale

Hope – The Wings on which you can Soar in Life.

Life gives us many emotions; some are good, while some, not so. While it's good to be optimistic and have a clear view on life, the individual cannot survive without negative situations or emotions.



We, humans, always want the good, but what we see in those ominous bad situations is the optimistic emotion of hope. We all have high hopes before our results, after our exams and at the end of the day lying on our bed, hoping that the next day won't be as tiring as this one. It is something that keeps us all going.

It is the wing on which we keep our expectations high. Mahatma Gandhi, Nelson Mandela, Karl Marx, etc. these great stalwarts had high hopes in life. They didn't only rely on hope but made it a possibility. Let's hope and hope for the best.

Himanshu Kumar
X B

Making The Impossible Possible With Hope

In the early 1950s, many people believed that it was impossible for humans to run a mile in under four minutes. The world's top coaches and most gifted athletes had been trying to go sub- 4:00 since the 1800s. Though they tried all sorts of training plans, the milestone was believed to be out of reach -- that the human body just couldn't go that fast.



Then in 1954, Roger Bannister ran the mile in 3 minutes 59.4 seconds. A month and a half later, John Landy ran even faster. Then a year later, three more runners broke the 4-minute barrier. Today high school runners break the barrier routinely, and Hicham El Guerrouj of Morocco holds the record of the world's fastest mile at 3 minutes and 43.13 seconds.

And he also said that “You Can Make The Impossible possible With Hope”

Tejas Kumar
VI B

Hope - The best Gift you can give Someone

Hope is the essence of life. Many of us could not even imagine a life of peace without hope deep within us. Life is unpredictable, hard and quite notorious at times. By holding on to hope, we increase our chances of changing our lives for the better. Hope - the essence of life keeps our eyes wide open for an improved future. There is no doubt that staying hopeful is challenging sometimes, but people who stay hopeful often make it to the end. Hope is the only commodity which is never ending and is omnipresent. Hope is essential. Life will be dull, monotonous, and miserable, if there is no hope. There will be no aspiration and no goals. Hope is an optimistic state of mind that is based on expectations of a positive outcome.

Gift of Hope



Terrence Francis Xavier
VIII A

Is your Glass Half Full or Half Empty?

Those who believe the glass is half-empty view the world in a pessimistic way, while those who believe the glass is half-full view it optimistically. The way to look at the world is to be positive. It teaches us about how to live a happy and fulfilling life and how we perceive the world, whether we are optimistic or pessimistic.

People have a tendency to focus on the negative things in life, but it's important to see the positives as well. Last year, we faced the pandemic at its worst, with death rates continually rising, keeping an optimistic outlook was nearly impossible. Despite the fact that people are dying, it was vital to maintain a strong spirit. When faced with adversity, it is important to have faith and resolve. How about you? Is your glass half-full or half-empty?

Shaurya Shetty
X A



Hope Keeps Me Going

Hope is the emotional state which promotes the belief in a positive outcome, related to events and circumstances in one's life. Despair is the opposite of hope. Hope means different things to different people. To some, it is the wish to get or obtain something. To others, it is the wish for something to happen or to be true. To all, it is the wish for something that seems possible to obtain or achieve. Life would be meaningless without hope.

Hope has a different meaning for different people. How hope affects us depends on how we perceive events. If we hope for something and it happens, then we are elated and if it does not happen, then we are depressed. For me, hope is something which I would lean on, to get the best out of life. Hope according to me, is a dynamic process involving the active pursuit of goals, a determination of how to reach these goals, and the willpower to ensure that my goals see the light of day. Hope makes me creative, it challenges me to discover strategies for survival through the use of commitment, connection and action. In the end, hope gives rise to faith. It forces me to think and act with a higher power in mind.

Hope sets me on a path towards attaining my goals. It helps me determine strategies for living and it transforms my will into action. And when all hope seems lost, faith asks me to look inward and to think differently. One can say that - "Hope is the mother of all virtues."

In the current scenario, the COVID Pandemic has wrecked the entire world and has been the cause of utter panic and fear across the world. But in the past one year, we have been able to navigate through these tough times only with the hope that there would be a permanent cure in the near future, that would put an end to all the miseries. Here, I totally rely on hope to free the world of this Pandemic.

Life is full of struggles. On such a thorny path called life, it is only hope that keeps me moving forward. Hope engages my creativity and enhances problem solving skills. It is the factor of my ability to appreciate and be grateful. Hope is all about the little things that I do, to enrich my life. It needs to be treasured. Hope is a friend that makes me believe, even when I get betrayed. Losing hope is losing all possibilities of anything good to come, and if nothing good can come, life becomes pointless.

Hence, I conclude that the true mantra for my life is - "Hope Keeps Me Going," because if hope is lost, then everything is lost and if ever I face a debacle in life, then I will rise like the phoenix, clinging on to hope.



Armaan Chandrashekhar
IX B

Making the World better with Hope

HOPE a very small word. It's like a magnet which attracts all the positive things like trust, confidence, belief etc. Hope helps us perform mind. Hope always leads us to a better tomorrow in this world. Today due to COVID-19, everyone is full of negative thoughts. Many people across the world have lost their loved ones. People started to think, that having false hopes is better than having no hopes at all. But one should remember, Hope helps us to fly like a free bird. When you are not alone, I think, hope is like a give our creative thoughts and it will appear like a beautiful painting.



Dhruv Sukale
VIII A

HOPE: What Does It Mean To Me?

Hope generally means to want something to happen. It can be considered as a checkpoint between facing the situation and giving up. Hope, is a simple four letter word, yet can mean everything for anyone facing problems. Hope is a word that does not have a true or fixed meaning. Its meaning can change from person to person, as well as, from time to time. Hope can mean anything, you want it to.

Hope, for me, is the space between the problem and the solution, where we become optimistic and wish for something positive to happen. During this mindset of hope, we are filled with anticipation.

Hope itself can be like a character or a person, because it activates optimism in people, which helps them to improve their problem-solving ability. It also helps in building positivity, which in turn decreases negativity. It also raises self-esteem. After so many pros, hope also has some cons. It can also have a dark side, which can create negativity when, what we hoped for, does not come true. This can end up in all sorts of problems, from physical to mental health as well.



George Quadros
IX B

HOPE



Michael Jordan, arguably the greatest basketball player, never made it to the high school team in his first attempt. He was still young, yet to reach his full height and physique. However, such was his unstoppable desire to get selected, he started exercising and practicing daily till he made the cut. And the rest, as they say, is history. Jordan simply NEVER LOST HOPE. He could accept failure, but not giving up. Hope breeds in us that desire to succeed. It lets us see the positive side of every defeat. It serves as a constant source of motivation and prepares us to work harder and face any obstacles. Hope is a crucial part of our existence. We may not have control over every event that occurs in our lives, but what we do have control over is the choice to be hopeful of achieving something even bigger and better someday. "Hope is a good thing, maybe the best of things, and no good thing ever dies."

Varun Tirthani, ex- student



Nourishing the Environment with Hope

Hope. What is hope? Hope is a four letter word which can light up one's life. On the basis of hope any war can be won against enemies. But in this war we have no enemies. In fact we are our own enemies. We are polluting the beauty of nature in many different ways. So we need to fight with ourselves in this war. And hope can change a person from worst to best, from evil to kind and there's a list of endless such examples .

So light up your minds with hope and become the first one to bring a change . Don't worry if no one is with you. Always remember that one small bulb can light up the whole room . There is still hope remaining, dont wait until it's gone because there is no use of being guilty in future, As someone rightly said, when there is a ray of hope, there is a way.

Moin Sayyed
IX B

To Lift Someone with Hope

Bringing hope to people in any form can go a long way. Words of encouragement, extending a helping hand, and showing kindness in any way can lift their spirits. We all need to feel that we are loved every now and then. In this world, no one is perfect. There are times when we feel like we aren't good enough, that we are flawed and imperfect. The fact that people are willing to look past our flaws gives us hope. That's how we should treat others, too. Learn how to show people that you care for and accept them. Show unconditional love and make them feel valued. Whether they say it or not, people need a helping hand, we all do. Regardless of how insignificant it may seem to you, it can mean a lot to someone who is struggling.

Prasad Shivalkar
VII B



NEVER STOP BELIEVING
IN HOPE
BECAUSE MIRACLES HAPPEN
EVERYDAY

India became a Sovereign, Secular, Socialist, Democratic Republic on 26 January, which marks the day when the Fundamental Rights and Duties mentioned in the Constitution came into effect. Dr. B.R. Ambedkar led the Constitution Drafting Committee with great earnestness. After 166 days, the Constitution was finally made. It was his vision to bring the entire Nation under one banner. We are all different in race, colour, creed and religion. Yet, we are one and proudly call ourselves Indians.

Watching the spectacular Republic Day parade, floats and presentation of bravery awards, is indeed a treat to our eyes! Republic Day reminds us about our freedom and our commitment, dedication and duty towards our Motherland.



Dhruv Chavan
VI B

Stars of Hope

Hope is what makes life go forward. It helps you forget the past. It makes you feel that the best is yet to come. In short, hope looks ahead to a better tomorrow. Hope rises in our hearts, as we listen to promises.



When parents tell us, "Next birthday, we will be buying you this gift," we rejoice in the hope of getting it. When God says, "I will not leave you nor forsake you," we get courage by His presence with us. When children hope, it is unimaginable for adults to understand it.

Hope teaches children and adults to never be disappointed, however dark and dangerous the conditions may be, and it strengthens our faith in achieving ultimate success. We learn that our hope is our destiny. We all know, that the road to reach success is full of ups and downs. For children, hope is the only way to fulfil their dreams. Children realize that problems or failures, pain, suffering, hardships, etc. which are common occurrences, become easier to bear, when they hope for a bright future that awaits them.

Hope lays only one condition - we should never forget nor abandon it. We should always keep in mind that there is hope for everyone. As children, we have to achieve our hopes and dreams. The ability of children is so great, that they can do anything to reach their destiny.

The children of today will be the adult citizens of tomorrow. Today's students will be tomorrow's lawyers, doctors, engineers, teachers, leaders and activists. Their personality will determine the kind of destiny that becomes the nation.

The wealth of the nation lies not so much in its economical and necessary resources, but it lies more in the children and the youth. They will be the creators and shapers of our nation. Tomorrow's children are our greatest treasures.

"The child is the best creation of God." Every family is incomplete without children. Their innocence and curiosity keeps them engaged, energized and motivated. They are always playful, joyful and full of life! Children are the 'stars of hope' everywhere.

Arnav Prashant Mali
V B

He Who Has Hope Has Everything

How is that ? you may say, when we have hope for something, we work hard for it. We become ambitious and are determined to achieve our goals. Hope helps us to travel through the tunnel of darkness and helps us to see the light at the end of the tunnel. Hope helps us overcome our fear. Hope does not always mean getting something we want, we need to also give hope to others. Helping others also creates optimism. One should be aware that hope will never lead us anywhere, unless we work hard towards achieving what we hope for. Hope helps us to change a dream into reality. Hope is stronger than fear. When we see good deeds done by others in difficult times, it gives us hope, which inspires us to do good deeds in return. This is how, “Whoever has Hope has everything.”

Rees Albuquerque
VIII B



Where There Is Hope, There Is Life

Hope is the essence of life. As long as we are alive, breathing, sharing, loving and just being here in the present time, there is always hope! This statement is an energy booster to all of those who are working hard to achieve better. Nothing is impossible for a man with great willpower, and the sky's no limit. Behind every success story, there is a strong sense of hope and dedication to succeed. Success is dependent on strong willpower, whether it is conquering the Moon or Mount Everest. What does it mean to you? It might mean always looking on the bright side and seeing challenges as opportunities. Therefore, Always hold fast to hope, for if hope dies, Life is a broken-winged bird that cannot fly.”

Parth Bhasal
VB



We-Hope Delivery Service

There is one thing everybody has lost during this lockdown. What is that thing? I hope you figure it out. Yes, we've lost hope. Hope is an optimistic statement in our mind based on our expectations. When we expect something, we hope for that something. Our hope of everything returning to normal, as it was in the good old days, was destroyed by the lockdown.

Hope stands for 'Have Only Positive Expectations'. Even during a lockdown, various delivery services deliver food, medications, etc. If delivery services are functional even during lockdowns, why don't we open our own delivery service? We will deliver people "Hope". Only when all of us are hopeful will we be able to fight against the odds and succeed. Let's create our own We Hope Delivery Service, delivering hope anytime, anywhere!

Swayam Jain
VIIIA



Hope Is Life!

William Cowper, had sunk to the depths of despair. One foggy night, he called for a horse drawn carriage and asked to be taken to the London Bridge on the Thames River. He was so overcome by depression that he intended to commit suicide. After two hours of driving through the mist, Cowper's coachman reluctantly confessed that he was lost. Disgusted by the delay, Cowper left the carriage and decided to find the London Bridge on foot. After walking a short distance, he discovered that he was at his own doorstep. The carriage had been going in circles. Recognizing the restraining hand of God, Cowper realized that the way out of his troubles was to look to God, not jump into the river. With gratitude he sat down and wrote these assuring words: "God moves in a mysterious way. He wonders to perform, He plants His footsteps in the sea and rides upon the storm. O fearful saint, fresh courage take; the clouds you so much dread; are big with mercy and shall break in blessings on your head." Cowper's hymn of gratitude has comforted many people since the 18th century. We all live in hard, depressing, difficult and challenging times. If we want to stay afloat in life, then the quality of HOPE is very essential. But what does our HOPE look like? In practical terms? Our Hope should be Patient Hope. We are to hold on to:

H-Hold

O-On

P-Pain

E-Ends

Patiently and positively endure these moments, because this too shall pass. One must have probably heard the saying, "Where there is life, there is hope" and that may be so, but the greater truth is found in the opposite: Where there is Hope, there is life! Let us live a life that is filled with Hope!

Mr. Lloyd Nunes



Hope

A small flower blooming on a small sapling, from a small crack of a dry rock, envisions hope! The meaning of Hope can differ depending from person to person. When people speak about hope in a spiritual context, it might mean believing good things will happen, with faith in God. For others, it might mean always looking on the bright side and seeing challenges as opportunities and being positive. In other words, always "hoping for the best". Hope is very important in many aspects of life. Hope can give us the motivation to keep pursuing, whatever we want to achieve or attain. For instance, if you have hope in getting fit, then you're more likely to work out. Some people lose hope or desire in something they want, when they aren't seeing the results they expected to. Without hope, life can look life. Hope can mean the difference between a person just surviving and a person living their life to the fullest. Hope has the power to overcome all obstacles. When adversities arise and we find ourselves uncomfortable, hope has the power to bring us out of that darkness. Hope remembers the times when we go through tough times and reassures us that we can make it through more uncertain, dark times. Hope believes in the impossible, allowing us to go after our wildest dreams.

Mrs. Pavita Fernandes



Hope - The Essence Of Life!

Hope is life! It is very powerful to live a full life. Hope inspires us to do the impossible, to work more, to give more and always try to do difficult things. We can get hope from various things – reading an inspiring book, a good meditation, listening to music, chatting with a close friend, an encouraging piece of advice, etc. Hope is a powerful force. Having hope, propels us to achieve our goals and drives us forward towards our pursuits. It also keeps us afloat, when things go wrong. It is the light at the end of the tunnel, the northern star, by which we navigate our lives, through trials and difficulties, to realize our dreams. When we lose hope, we are like a rudderless ship being tossed about, without direction. Hope is the essence of life!

Mrs. Jennifer Dabhi



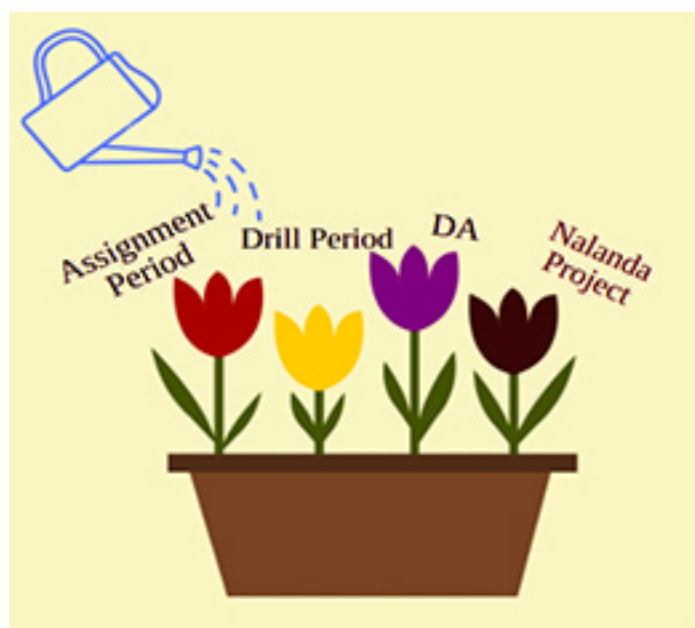
New Initiatives

Every academic year at St. Joseph's is special and paves the way for betterment. The new academic year comes with new beginnings and initiatives to take the school a step ahead towards grace and praise.

With the aim to lower down screen time yet keep teaching - learning on, we introduced 'the assignment period' till class VIII wherein the class will just take a few minutes of teacher instructing and giving them tasks to complete within the prescribed duration of the period and the students can turn off their screen, write down the assignment and upload to submit on the MS Teams.

This provides students with structured time within the school hours to complete their assignment having no excuse to escape from late or no submissions, thus benefiting one's internal scores. Having embraced the click and swipe online world due to the pandemic, the assignment period is an effort to give writing practice to our students.

We have also brought into our daily schedule 'the drill periods' in which the class duration is an hour. The drill periods give impetus to foundational literacy and numeracy involving reading practises and clarifying the basic concepts to the class in a simpler and understandable manner. So far, just like regular classrooms, teachers have kept the drill sessions interactive and encouraged more and more students to speak and answer without the fear of right or wrong and feeling free to raise doubts or ask more details about the concept being taught.



Though not a new venture, after a sabbatical of a year, Detailed Assessment (DA) and Nalanda Project have made a comeback to St. Joseph's. Having brought back these initiatives for the year, DA has widened its reach and caters to all subjects except Marathi while Nalanda Project suffices all.

**Mrs. B. Nagaprabha, Supervisor,
SJHS Wadala**

“Wow Factor in Learning!” Teachers and Students with Apps!! Innovative E-Learning! Discovering Hope by Empowering the Mind!

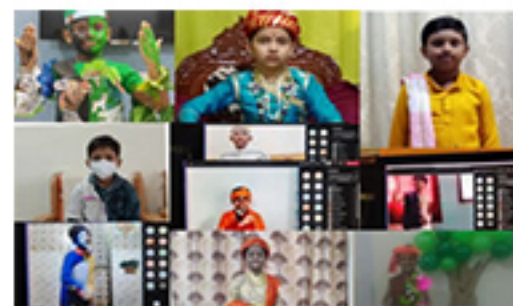
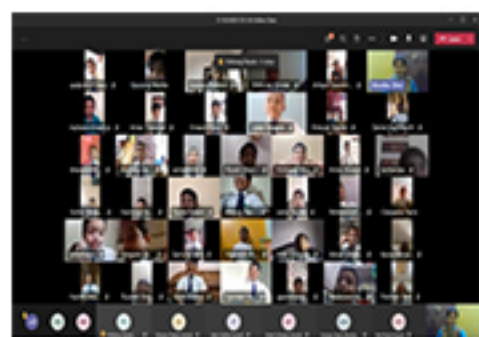
The traditional “chalk and talk” method of teaching that has continued for hundreds of years has now been replaced by technology, as we are living in the “digital” world. The new generation is more comfortable with collaborative, online technologies. Pen and notebooks formed the toolkit of previous generations, while today’s learners come to class equipped with laptops, smart phones, tablets, etc.

New activities such as the mindfulness exercises have been implemented in the zero period, by starting with the bhajan followed by the mindfulness exercises and activities.

Mindfulness is a type of meditation exercise in which you focus on being intensely aware of what you’re sensing and feeling in the moment without interpretation or judgement. Practising mindfulness involves breathing methods, guided imagery and other practices to relax the body and mind and help reduce stress. These exercises create an awareness about the relationship with ourselves, with others and the world. Mindfulness exercises are conducted by the teachers every morning, as part of an online two minutes activity, for the students, in order to calm the mind and body, by taking deep breaths. They help to build concentration, empowering the minds of the students, to focus well on what they are learning. By developing inner strength, boosting confidence with positive thinking, the students are infused with hope to achieve their goals.

“All the world’s a stage and we are all here to play our part,” says Shakespeare. Keeping this in mind, the students played many roles, while exhibiting their acting skills, to portray different ideas and thought-provoking messages, dressed as their favourite fictional characters, historical characters, etc. The children thoroughly enjoyed playing the role of 2 or 3 characters in the Mono-Acting Competitions. The contestants emoted the feelings of happiness, anger, sadness, frustration, etc. through their awesome performances! The tri-lingual Mono-Acting Competitions displayed the fluency of the students in English, Hindi and Marathi from Stds. I to IV.

Our mind is powerful. When we fill it with positive thoughts, our lives will start to change. To gain deeper insight and to make teaching and learning invigorating and enjoyable, the teachers were introduced to the TTF (The Teacher Foundation) training programme. These sessions will be conducted for two years to spruce up the child-centered educational process for different grades. The teachers are acquainted with different teaching and learning skills, which are introduced to them through the TTF programme. After implementing



the new apps and teaching skills, based on critical thinking, posing different styles of questions, the students are amazed at the “Wow Factor in Learning” and they put on their thinking hats, engrossed in learning, with rapt attention! “Every student can learn not just on the same day or in the same way” says George Evans.

The Reading Program is conducted from the Pre-Primary to Std. V. It emphasizes the importance of phonemic awareness. Reading is to the mind, what exercise is to the body. The reading exercises focus on the sounds of alphabets, word blends, etc. The students are motivated to set out on an adventure trip in the magical world of books, via e-learning! It gives me tremendous joy to see the children excited about learning in the virtual classroom, with all the new initiatives taken up by the Members of the Management, geared to take them forward in the wonderful world of learning!

**Mrs. Matilda Fernandes,
Head Teacher of the Primary Section**

ART EXPLOSION BY OUR JUNIOR CHAMPS!!



Advait Bhoir - Std. II B



Aradhya Khandagale- Std. I A



Arnav Kode - Std. IV B



Arnav Yadav - Std. IV B



Ayan Joshi - Std. II B



Darren Rajnikant - Std. III A



Hitansh Patil - Std. IV A



Gaurang Mohite - Std. III A



Slope



Neel Shevare - Std. IV B



Trishanth Devendar - Std. II A



Mihit R. Chordakar - Std. II A



Emmanuel John Std. I B



Vedant Mavalankar - Std. I A



Prajwal Gaikwad Std. II A



Arya Hegiste - Std. IV A



Devraj Suryavanshi Std. II B



Lavesh Doiphode - Std. IV B



Umair Khan - Std. II B



Omkar Akhade - Std. IV B



Ayushman Rai - Std. I B



Sai Naidu - Std. II A



Azlan Sayyed - Std. III B

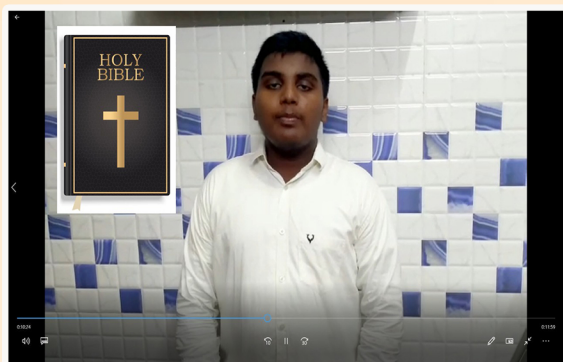


Mr. Tony Desa



Mrs. Ursella Correia

Funky Friday



Assemblies



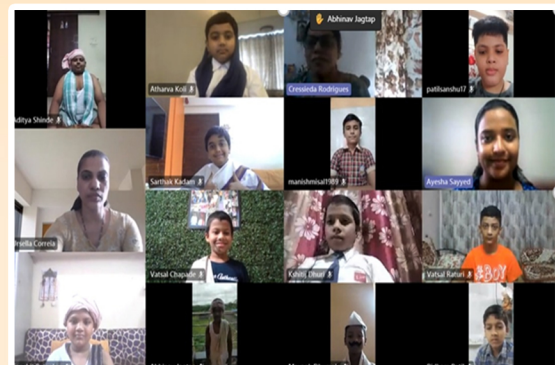
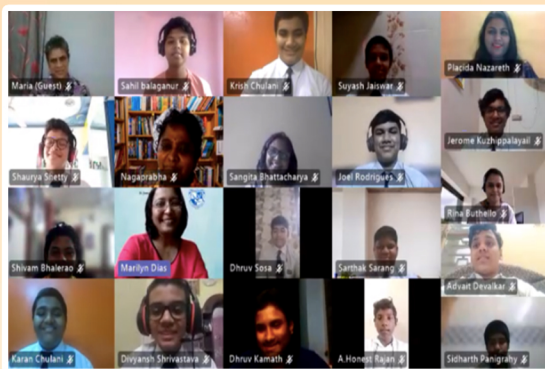
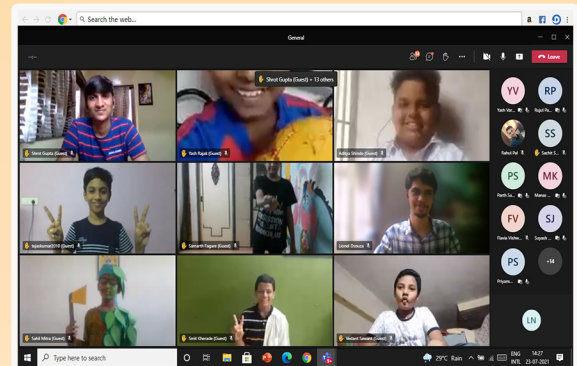
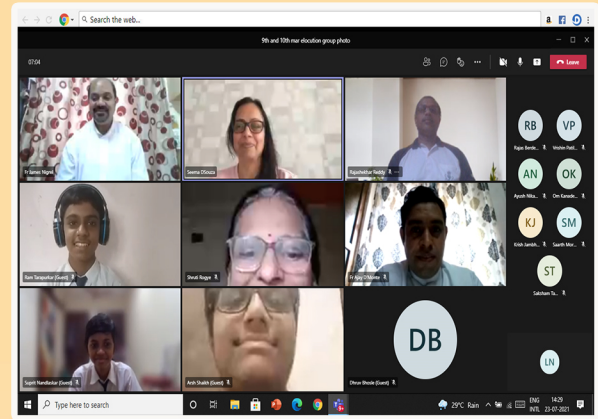
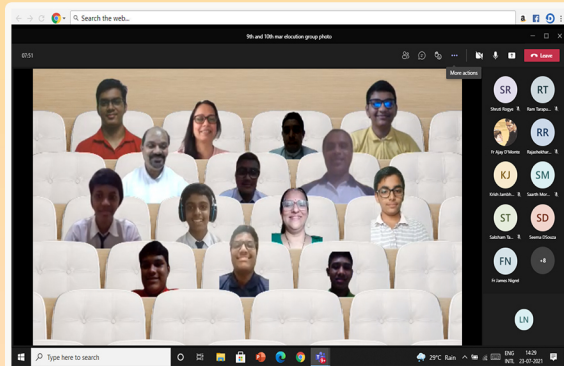
Birthday Celebration



Investiture Ceremony



Elocution Competition



AD MAJORA NATUS SUM
WE ARE BORN FOR
GREATER THINGS

SAINT

JOSEPH
the worker

Dear Saint Joseph, obtain for me an increase in the virtue of Hope

