

Working for a **CAUSE** and not for **APPLAUSE...**

The Green line team of St Joseph's High School, Wadala, completed a wide range of activities that collaborated with honourable prime minister's Swachh Bharat Abhiyan



The winning Greenline Team

Activities carried out by the green line team at a glance:

- April, May, June: Collection of plastic, paper, tetra packs, e-waste, unused notebook pages
- August: Finding out the amount of waste generated in the school and to segregate that waste into wet waste, dry waste, etc.
- September: Finding out the journey of waste in your locality.
- October: Helping in Versova Beach cleaning activity.
- November: Identifying your garbage spot and finding ways of reducing it.
- December: Making the maximum number of eco-bricks.
- January: Celebrating Anti-Litter day by organizing a rally around the school locality.
- February: Downloading Swachhata app and the

ENLIGHTENING NEWS

■ St Joseph's High School won the 1st Prize in the Green line Campaign.

■ It ranked the foremost among 50 schools in Mumbai

TOI Citizen Reporter App. Reuse, Reduce, Recycle is a motto that each one

in the school endeavours to carry forward. The Greenline team had collected plastic, paper, tetra packs and e-waste for a substantial period of time and sent them for recycling. The tetra packs were converted into a bench by Sahakari Bhandar. A Trash Monster near the notice board in school reminds one and all of segregation of waste and its conversion. The school thanks Tr.Cleo – the powerhouse behind the campaign – and the team members teachers Nivetha, Himshweta and the school staff for their active participation in the campaign. A big 'Thank You' to all the students for their contributions. An earnest request: Please collect trash in the vicinity and hand it over to the Greenline team members of St Joseph's High School, Wadala.

- Aryan Manghi, class IX and Lidwina Mascarenhas, teacher

Anti-litter Campaign



It is the responsibility of every Mumbaikar to refrain from littering. To prevent this filthy habit, an Anti Litter Day Campaign was organised recently, in which 15 schools participated including St Joseph's High School, Wadala. Students voiced the 'Anti-litter' message vociferously through a Hindi street play at five places near Wadala railway station. The idea was to reach out to every resident in the vicinity with banners, posters, slogans and jingles. All the children contributed their mite in spreading the beautiful message, 'Cleanliness is next to Godliness.'

Shantanu Balugade, class VIII



'Change begins with me'



of the conceptual projects of this campaign was the innovative 'Eco-Brick' mobile washroom and toilet' designed by using empty plastic bottles that are filled with indecomposable matter that serve as bricks.

The students of St. Joseph's High School pledged to make Mumbai city clean and green. 'Be the change that you wish to see in the world' was the message they intended to give. The school has an active Greenline team that has been working ardently towards the 'Swachh Bharat Abhiyan.' One

The school environment ministers worked tirelessly under the guidance of the school management to make this campaign successful. Thanks to the principal Rev. Fr. Godfrey D'sa and headmistress Tr. Sangita Bhatnagary for their support. Students took the cleanliness pledge as part of their campaign and

also became part of an assembly organized on the theme 'Rally for Rivers' wherein they were addressed by the Ex. AHM of Bombay Scottish School, Mrs. Bose... Let us all drive home the thought 'The change begins with me to make My Mumbai a clean and green city.'

Lidwina Mascarenhas, teacher

REPLACING 'I' WITH 'WE'

The human spirit is one of ability, perseverance and courage that no disability can take away... and it is this conviction that make the 'disabled' truly 'abled'

"The only disability in life is a bad attitude..." Scot Hamilton

Part of the problem with the word 'disabilities' is that it immediately suggests an inability to see or hear or walk or do other things that many of us take for granted. But a closer look at the lives of these people bring to us the real definition of disability as put forth by the World Health Organisation.

Yes, these people do have their own physical and mental limitations in doing even routine tasks, but the most important thing is to help them get beyond the emotions of sympathy, fear or embarrassment to lead life in the best possible way. This means to acknowledge

the fact that though their mind/body function differently they are not different. If we as a society can just let them lead their lives without the bias of different emotions, they have proved time and again that they have the strength to overcome their limitations and succeed beyond expectations.

Today, the world is replete with such examples of these people who have not only challenged their disabilities but have jolted the entire world with their achievements. Be it the late physicist Stephen Hawking, who suffered from ALS (Amyotrophic Lateral Sclerosis), a rare neurological disorder but has rewritten scientific research; the

deaf Beethoven who has given us the most beautiful musical compositions; or our very own Sudha Chandran who went on to become a great dancer and actor despite her right leg being amputated after a horrific accident, each of them have proved that nothing can stop a person from becoming great whatever the obstacles they face, provided they have utmost passion and will power to achieve really big in life.

Well, they have challenges, but all that really means is they may have to take a slightly different path than others. But it is we as a society who need to give them the confidence to empower them to follow that path so that the world knows them for their abilities and not



their disability; because as William Lightbourne says, "Use the skills that I have got. Do not focus on what I have not. Of course, I am aware of my limitation. Yet, I am a part of God's wonderful creation."

Prithviraj Tawde, class IX

ONLY ONE LIFE

Everybody in this world has only one life and the best thing to do in this life is to be happy and keep others happy. Happiness is something which we cannot express in words, it can only be felt in the heart. Some people find happiness in mon-

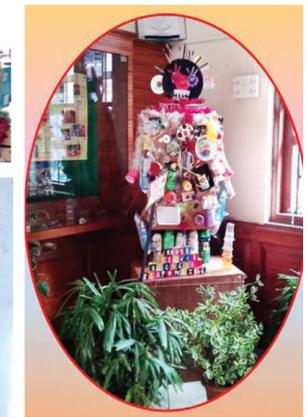
ey or worldly things while others seek happiness in family, hobbies and their work. Some people pretend to be happy and some people are really happy. I would like to tell you a quote regarding happiness, "Don't Cry Because It's Over; Smile Because It Happened".

Always surround yourself with good and positive people to be happy. We should try to make at least one person happy every day. It's our attitude that makes us feel happy or unhappy. We should take things positively. One can find happiness in his own self, in his own thoughts and in his own deeds. A person who make us happy is our ownself.

-Saksham Tambe, class V



Photo: Getty Images



A for Attitude... A for Aaron

An interview with Aaron Nunes, a class X student of St Joseph's School, Wadala, revealed that he is a perfect example of how a positive attitude can transform things. Aaron finds difficulty in walking but his dreams are truly flying! This boy is now appearing for his SSC board exams. He was recently interviewed by his classmates with just 10 questions. Everybody, including the principal, was astonished by the way he answered all the questions with a smile on his face. They asked him about his motivation for never ever quitting. He simply said that he just reads the Bible before sleeping and kisses his mom goodnight which gave him enough inspiration to move on! But keeping aside everything the only person who supported him was his mother. She quit her job and stayed with Aaron throughout the school hours. During the school breaks she used to make him walk with his leg supporters, so that he could stand on his feet alone. When his mother was

THE WORD 'DISABILITY' TRULY DEFINES THE ABILITY OF THE PERSON

D-Determination, I-Intensity, S-Strength, A-Ambitious, B-Brave, I-Inspirational, L-Lively, I-Imaginative, T-Tenacity, Y-Yearning



interviewed, they asked her what was her biggest problem and who had helped her to overcome them. She replied that restroom usage was the biggest problem. She said that all the teaching and non-teaching staff, students and the principal supported her throughout this meaningful and awesome journey. This was Aaron's story

So, whether people are disabled or abled, their stories may be different but the lessons they learn from their experiences and the attitude with which they gain strength and confidence to start afresh help them to eventually emerge victorious.

- Arjun S, class X



JOSEPHITE FESTIVAL

