

SCRIBE

SEPTEMBER 2022



Love The
Ultimate
SUPERPOWER

“DO ALL
THROUGH
LOVE
NOTHING
THROUGH
CONSTRAINT”



love - An Envelope

*Love, But
Don't Force*

SCRIBE

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Feature Writing

Love, But Don't Force

Love and Force are two very strong emotions. Love is based on willingness and acceptability and Force, on unwillingness and compulsion.

Fr. James Nigrel
(Sdb Rector)

Love has No Boundaries

We have learnt from the pandemic that the building, corridors and walls do not make the school.

Fr. Blaise Fernandes
(Sdb Principal)

Loving what you do is pragmatic

Getting into a bus and being forced to get down at some place can be a hassle, isn't it? However, you would definitely enjoy a tour to your dream destination, be it Dadar or Dubai.

Mrs..B. Nagaprabha Rao
(Secondary Supervisor)

Love and Enjoy Good Health

The Ground Work for All Happiness is Good Health- Leigh Hunt

Healthy living means making choices that result in a healthy body and mind. To be healthy means not to be sick.

Mrs. Matilda Fernandes
(Head Teacher – Primary Section)

Love What You Do with Passion

Love is the most significant part of a human's life. Each science and every single literature masterwork will tell you about it.

Ms. Jagjit Kaur Saluja
(Secondary Teacher)

LOVE – An Envelope

An envelope is used almost by everyone. The most precious things are safely kept in an envelope so that it does not get misplaced.

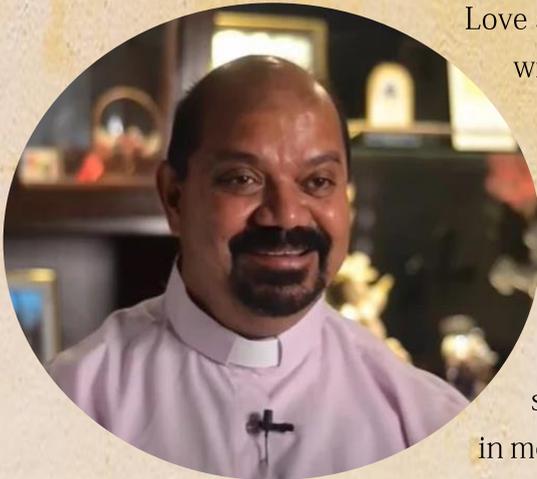
Mrs. Cressieda Rodrigues
(Secondary Teacher)

Love Towards God

God's grace is sufficient for those who believe and trust in him until the end. We should thank God in every moment of our life.

Mrs. Rachael Gonsalves
(Primary Teacher)

LOVE, BUT DON'T FORCE



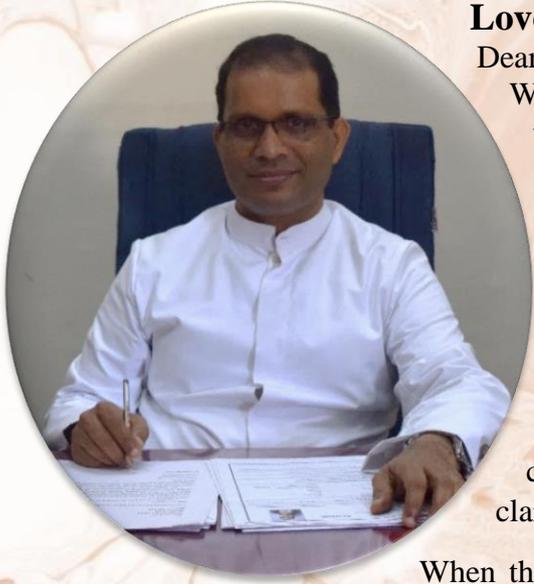
Love and Force are two very strong emotions. Love is based on willingness and acceptability and Force, on unwillingness and compulsion. It is a matter of choice, but personally I feel that what can be achieved by Love, is just not attainable by force. Love is **God's** greatest gift to mankind. It is through love, that our lives are enriched, it is through love that happiness and peace are seen. But, force has an opposite reaction. When we force someone to do something, Love is absent. Force is asking someone to go against their wishes. Love brings out the best in most people, but force, defeats the achievements of love.

In the process of educating the young, love plays a very vital part. Children who are taught with love, get the best results as compared to the ones who receive less love or are forced. Love is God and God is Love. Love makes teaching not a profession but a vocation. Like love stems from the heart, vocation too, is attached to the heart. We have seen in countless situations, that when force is applied, the effect of that force dies down after some time, but when love is given, the effect lasts a lifetime. A good word, a pat on the back, a smile, all these loving gestures go a long way in helping youngsters attain the unattainable. Force, or any negative gesture, destroys whatever confidence or success one can achieve. Love is a force more formidable than any other. It is invisible – it cannot be seen or measured, yet it is powerful enough to transform you in a moment, and offer you more joy than any material possession could give. Love is the only force that can transform a seemingly impossible situation into a loving and positive situation

Just imagine this situation - A student who comes from a broken family, is greeted everyday with love and warmth by his teachers and peers. Slowly, he comes into his own, as that love and warmth helps him gain confidence and acceptability. He attains the highest levels, as he is taught with love. But if he is subject to force, the same student will never be able to achieve any levels, leave alone being successful. I am sure many of you will agree, Love and only Love can transform the world, can help the youngsters grow into good human beings and this very Love can spread and turn our world into a Love filled world. Force, may get results, but they would be mechanical in nature. They would help build a house, but it is love that can turn that house into a home.

LOVE CHANGES EVERYTHING

Fr. James Nigrel
Sdb Rector



Love has No Boundaries

Dear all,

We have learnt from the pandemic that the building, corridors and walls do not make the school. When you students, teachers, parents and alumni come together with joy and enthusiasm we can bridge any barrier put up by society and progress on our road to learning.

We have just celebrated our 75 years of Independence among the other activities in our school with a lot of enthusiasm. Looking at the theme of our Magazine, “Do everything through love, nothing through constraint” is apt at the celebration of our 75 years of our freedom. All of us are born in this country and have not chosen it as the land of our adoption. We have a rich past as we claim India to be our motherland.

When the freedom fighters fought for independence, they sought liberty, freedom from oppression, freedom from want, freedom to be ourselves. This we sought then, and are by way of winning our Independence.

What do we mean that we do nothing through constraint but through love? We say we seek Liberty. For this Liberty we do not rest our hopes on the constitution, laws and the courts. These would be false hopes. Liberty lies in our hearts and when it dies there, no laws, courts or constitution can save it.

This liberty is not the unbridled ruthless will, or the freedom to do what we like. This leads to the denial of liberty. A society in which we do not recognise a check upon our freedom soon becomes a society where freedom is the possession of only a savage few, as we have learned to our sorrow.

The spirit of liberty is the spirit which is not too sure that it is right; the spirit of liberty is the spirit which seeks to understand the mind of other men and women; the spirit of liberty is the spirit which weighs everyone’s interests alongside its own without bias, where the least shall be heard and considered side by side with the greatest. It is into that heaven of freedom that we have India and all of us awakening. This was what our freedom fighter stood for. I ask you to stand and pledge our faith in that glorious destiny of our beloved country where love and concern directs all our action.

Fr. Blaise Fernandes
Sdb Principal

LOVE - An Envelope



An envelope is used almost by everyone. The most precious things are safely kept in an envelope so that it does not get misplaced. Money and important letters are sealed in an envelope. Love is just like an envelope. It covers all our human emotions and feelings. A soldier has respect and the zeal to fight for the country. A sportsman has passion and commitment towards his game. A teacher has love and concern towards her students. I am reminded of a story. On an island all the feelings – patience, pride, humility, kindness, etc. gathered for a meeting. As the meeting came to an end the island suddenly began experiencing flood. All the feelings began to run helter-skelter. They got into their own safety boats and did not bother to even look at love. Love pleaded and begged but no one helped. Finally, TIME noticed LOVE and then came forward to help. Only Time realized the value of Love. We experience pain, sorrow, hatred, rejection, etc. in our daily life. The element of Love in its own good time steps in to solve our problems. If we only have love in our heart then all other feelings are enveloped in it. So, treasure love and let it grow and blossom in your heart.

Cressida Rodrigues

Chief-Editor



LOVE THE ULTIMATE SUPERPOWER ...



Everyone wants to be super powerful and thus they are in search of 'Super Powers', but don't they know that they are already gifted with the same and that is LOVE? Love is

divine, it brings peace. Love is all about affection and care for another person. Love is a blessing from God to us. We cannot think of a world without love. Every religion instructs us to cherish one another, whether it is a human being, animal, bird or a small creature and thus we should love every creation of God. Love always plays a vital role in our life and society. It gives us energy and motivation during the darkest of times in our life. It has the power to change a demon to a human. It is everlasting. Love is the ultimate super power as it enables us to be kind, compassionate and forgiving towards each other, the same way as God forgives us.

Dhruv Mahesh Sukale

IX B

LOVE CAN DO WHAT TECHNOLOGY CANNOT

As soon as we hear the word love, we relate it to affection or romance. Love is a feeling that can't be measured. Love is a language of pure bonding, even the dumb can speak and the deaf can hear. Nowadays people think that technology is the king of all kings in this world but we must remember it can be either a boon or a bane. When it comes to love, it is always a boon because love knows no boundaries. This act can be shown in the form of respect and admiration. The statement 'Love can do what Technology cannot' can be proved with a simple example too. During the pandemic there were situations confronting students, where many of them suffered. Many had forgotten basics that were taught and which were necessary. But when they returned to physical school, the teachers' care and love made all things possible.

Hariharsudhan Sathiyamoorth

IX A

REACH OUT IN LOVE

Love is the most powerful emotion in this world, and it is the adhesive that holds us together. Love sustains us and makes us more sensitive individuals. Love can heal this world. People suffer from diseases and maltreatment.

Love gives us the power to look after them and improve them.

Mohd. Ali Thakur

Std. V B

WIN YOUR ENEMY WITH LOVE

Ever since childhood we are always taught to be kind to everyone. Being kind always helps us avoid unnecessary fights and quarrels. So today, I will be talking about how we could win our enemies with love. Our teachers and parents always teach us to be kind and caring towards each other. We should always respect our friends and everyone around us. When we show respect to our enemies, we express our kindness towards them. The act of respect can often be expressed by simply saying, "Please", "Thank You", "Sorry." We should also practise forgiveness towards our enemies. Forgiving the other person is the greatest act of kindness. We can always pray for our enemies because praying is an act of mercy. Practising the above acts, will help you turn your enemy into your friend. By simply winning your enemy with love, will give you peace and happiness. So, I would like to end, by requesting you all to be kind and merciful towards everyone, as 'God helps those who help others.'



Rudra Patil

VI B

I AM CRUEL ONLY TO BE KIND

When you might lose your way ... maybe a mistake just a step away ... They shine the way make it seem like a child's play. These lines may seem confusing but the line 'I am cruel only to be kind' holds an important message. The unconditional love of a father keeps us away from bad company, being the candle sacrificing himself to show us the right path through the darkness. All of this hard and cruel exterior is only for our betterment. Our Teachers hold our hands and make us ready to face the world by being strict. Unknowingly to us, this is how they show their love. A mother is the child's biggest critic, not because she wants to put down the child but wants to make him a better human being. We often ask the Almighty, 'Why me?'. His ways may seem cruel to us but he knows what is best for us.

Karan Chulani

XA

LOVE CAN CHANGE THE HUMAN HEART

“LOVE”, what comes to your mind after hearing this word? The heart shaped figure or I guess you just thought about your parents. We experience their loving care all through our life. But I wonder how often do we express our love towards them in our day to day life?



We are busy in our race to be first and in this race, we forget to express LOVE to each other. We want everything that others have. If we stop wanting and love and appreciate what we have, it would make a big difference in our lives. The love of our parents is an expression of God's love to us. We should thank God everyday for our parents. They make endless sacrifice for our well-being. Once we are aware of the love that we receive from our parents, we will try to make change in our attitude and behaviour towards our parents. and not take them for granted.

Smit Sandeep Kherade

VII A

IF YOU REPRESENTED LOVE, WHAT WOULD YOU SAY TO THE WORLD?

IT'S ME, LOVE...

Hello, I am Love, I am usually described as an intense feeling of deep affection. I exist everywhere in this world and my origin is the subconscious mind of every individual. I have been in this world since its formation and I have helped many to connect themselves with people, hobbies and destinations through various aspects. My work is transforming nowadays as this new generation has new thinking about love, most don't even understand my importance and they use me anywhere they want just for their own profit. Maybe they don't know that my good use will give them joy and my misuse will surely affect them in the future. This world which was known as the best for humans has now lost its virtue of humanity, forgiveness, equality, importance of trust and belief without which I am insignificant and incomplete...

Ayush Nikam

XB

LOVE IS A RAY OF HOPE

Love, what is it? A bond of love can be formed with anyone who understands your feelings. Someone with



whom you can share your secrets may be your mother, father, older sister or brother or maybe someone else. You will never be alone when you love someone, since they are like a life partner for you. Because a partner also faces the same challenges that you do. A true partnership is one that faces all problems together.

As a moon shines, but behind the moon, the sun helps him to shine, that is nothing but a beautiful example of love. It is impossible for us to explain the true meaning of love when we are just writing about it. When one has a person, who is dear to him, he will be able to understand the love he has for that person. I remember an excellent quote that said, "a friend in need is a friend indeed". There is nothing like a friend to do all these things for you because that is all a true friend can do for you. You can't buy friendship, and that's what makes the world go round. When you have friends, you don't have to lose hope because they won't let you down. This is why 'Love is a ray of hope!'

Anup Jivak Jagtap

(4th / B)

SERVICE THROUGH LOVE



Serving can mean many things. It includes everything we do that is wholesome and beneficial to someone or to some cause, and everything that is

done out of our heart's desire to make a difference for good in the life and experience of another person or cause. The essence of love in action is service; the summit of service is sacrifice. We observe in our daily life people who do jobs not only to earn a living. But to find joy and happiness through the act of love. When we serve people without expecting anything in return then that becomes an act of love. It might begin with good values and later on it becomes a habitual task.

Tejas Kumar

VII B

LOVE HELPS US GROW

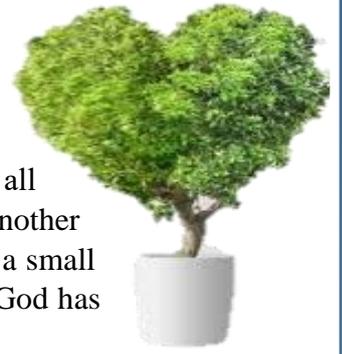
Love is an amazing feeling. An individual with a caring heart is consistently prepared to help each other with no desire. Love is the need of each person from the day of birth. Love is associated with two souls, everlasting and makes the world a beautiful spot. Without a doubt love is divine.

The main concept of love is very crucial and important in everybody's life. Love is all about affection, care and protection. It's a kind of emotion someone feels about another person. The word love is hard to define, as it involves many emotions. But this is a small feeling for everybody. It isn't easy to express the significance of love in our life. God has made each living being with no discrimination.

Love can be for many things, family, partners, pets, nature, and even for oneself. Honesty care and trust accompany love. As humans, we depend on one and all together in making the world a much better place.

Advet Shigawan

Std. VA



LOVE TOWARDS GOD



God's grace is sufficient for those that believe and trust in him until the end. We should thank God in every moment of our life. Because God is life, he loves us more than anyone else. The best way to say 'I love You, God' is to live your life doing your best. The best way to showcase your love towards God, is by letting go of the past and living in the present moment, right here and now. Whatever life takes away from you, let it go. When you surrender and let go of the past, you allow yourself to be fully alive in the moment.

Believe in him, because when God pushes you to the edge of difficulty trust him fully because two things can happen. Either he will catch you when you fall or he will teach you how to fly. Trust that God will put the right people in your life at right time and for the right purpose.

Mrs. Rachael Gonsalves

(Primary Teacher)

DO EVERYTHING WITH LOVE

The only way to do great work is to love what you do. If you haven't found it, keep looking. Don't settle. As with all matters of the heart, you will know when you find it. when you start doing what you love to do, you will never work another day in your life.

Naitik Darge

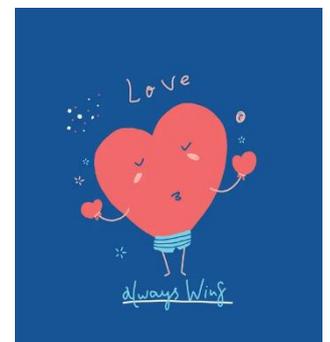
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LOVE ALWAYS WINS

Love is the most important feeling in the world. It is always love that wins. The most important feeling that a person can experience is love. When someone says, "I love you," their feelings turn into emotions. No amount of money, gifts, or flattery can purchase true love. The power of love can overcome even the most grievous pain caused by someone who is hateful. Love isn't a sign of weakness as some have been taught, rather it's a sign of strength. Love is the greatest gift of all, given by God himself. The essence of God is love.

Ved Desai

IVA



LOVE AND ENJOY GOOD HEALTH

The Ground Work for All Happiness is Good Health- Leigh Hunt

Healthy living means making choices that result in a healthy body and mind. To be healthy means not to be sick. Generally, a person can maintain a healthy lifestyle by eating a healthy diet and exercising. We often love or are tempted to eat foodstuff that is not good for our health. A few tips of how we can start falling in love with our health:

1. Eat a healthy diet. Develop your taste for nutrients that are provided by food in the form of proteins, carbohydrates, fats, minerals, vitamins, and water.
2. Love to have a drink! Drink more water, it is essential for our bodies to work properly.
3. Yeah! I love to play outdoors. Physical activity is an essential component of a healthy lifestyle. Exercise helps the body stay healthy by being active. Physical fitness strengthens the heart and other muscles. Kids need 60 minutes of moderate to vigorous active play every day.
4. It's time to relax. Strive for at least 8 hours of sound sleep every night.
5. Love what you like doing. Hobbies help us grow as a person. The best way to have a new hobby is to try something new. Fall in love with it and grow well.



Your health is equally important.

Like your games and studies, don't you ever neglect your health. After all Health is Wealth.

- Tr. Matilda Fernandes
Head Teacher (Primary Section)

LOVE WHAT YOU DO WITH PASSION

Love is the most significant part of a human's life. Each science and every single literature masterwork will tell you about it. Humans are also social animals. We lived this way of life for centuries, we were dependant on one another to tell us how our clothes fit us, how our body is, whether it is healthy or emaciated. We get the honest opinions from those who love us, those who care for us and make our happiness paramount.

I am glad to complete 28 years in St. Joseph's High School, Wadala. Life is one continuous lesson! You will always be learning something - whether it's in the classroom, in the sports arena or in a social environment. As humans, we are perpetual students, constantly learning, with school and university being just another part of the learning curve of life.

It is a privilege to be able to attend school, university or college to study.

I have always loved studying and acquiring knowledge, but it wasn't always easy. I was always stressed and overwhelmed by the amount of work. But studying gives you purpose.

As I leave the portals of St. Joseph's, I say this to all my students - Study whole – heartedly and you will become a resilient and independent person. Studying will create future opportunities for you and one day you will make positive changes to your field of choice - no matter how great or small the impact you make - your input will have a ripple effect and be felt throughout.

So, strive to be a better version of yourself and fall in love with your studies.

Mrs. Jagjit Kaur Saluja
(Secondary Teacher)



LOVING WHAT YOU DO IS PRAGMATIC

Getting into a bus and being forced to get down at some place can be a hassle, isn't it? However, you would definitely enjoy a tour to your dream destination, be it Dadar or Dubai. When constrained to do something, it isn't a fun filled experience. The latter case of travelling to a place you love, not being forced to go anywhere, can be a joyous ride. Similarly, we must do everything through LOVE and not for the sake of doing it. If one opts for a career of choice, the willingness to do best and shine in life helps them stay content and free from regret. A person would never say, 'josh, high sir' when enforced to pursue anything due to authority or pressure. In life we always don't get the things 'we love', the pragmatic way to deal with such a situation is 'loving what you have got.

'Pledge today for a successful tomorrow to do "Everything with love, nothing through constraint."

Tr. B. Nagaprabha
(Secondary Supervisor)

LOVE CASTS OUT FEAR

"There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. We love because he first loved us."
In this verse John explains that in God's perfect love there is an absence of fear. The two cannot co-exist. He then shows us that God's perfect love is primary. Love belongs to God as it is part of his very essence and being and it is only because he first shared his perfect love for us that we have the ability to love him in return. In our fallen state, we will not experience the fullness of God's love. What's more, our hearts are often so consumed by fear that we feel little of God's love at all. Fear itself is a suffering or punishment levied on our hearts, sinking us down into the brokenness of this world. This burden of fear becomes all the more consuming when we stray away from the truth and power of God's love.

Atharva Mhatre
VIII B

LOVE MAKES, FORCE BREAKS...

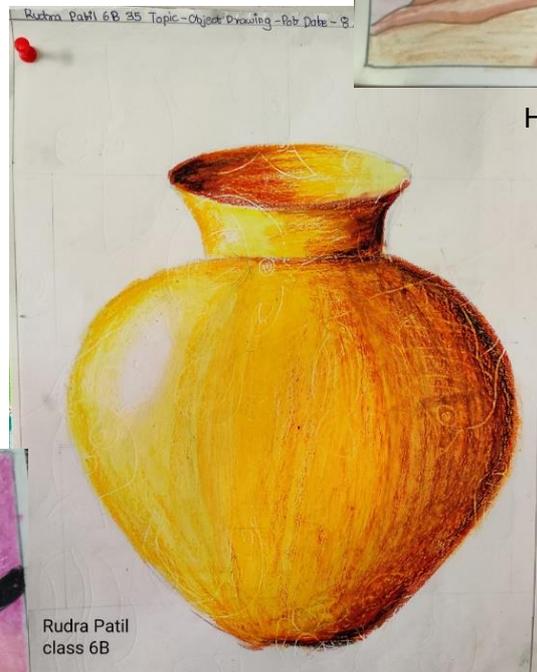
FORCED LOVE WILL NEVER LAST. NEVER BEG TO BE LOVED. NEVER BEG FOR ATTENTION...

Sensible quote isn't it? Hmm you understand love and you know whom you love in your life. Love is caring, respecting, helping, etc. Forcing is not an option in our society. Every human should have freedom. The World is receiving many cases of forced marriages, relationships, etc. Forcing is not something anybody would love, it's just harsh to be forced. Forced marriages, or relationships won't last long. Forced love will never achieve happiness in life. You must just try your best to ask someone, if the answer is no then leave it to God, he has planned someone better for you. One day they'll realize that they lost a diamond while playing with worthless stones. These concepts will play in your mind, but you will understand it in your 20's.

Hunain Dongri
VIII A



Harshit Yadav – III B



Rudra Patil
class 6B



Saumitra Parab II B



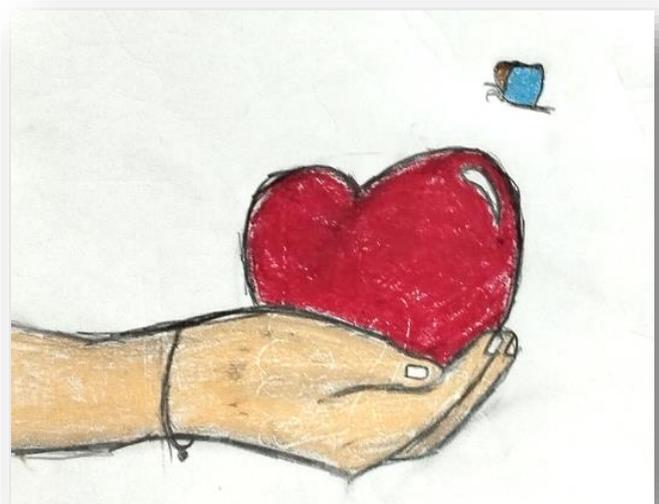
Gaurang Mohite – IV B



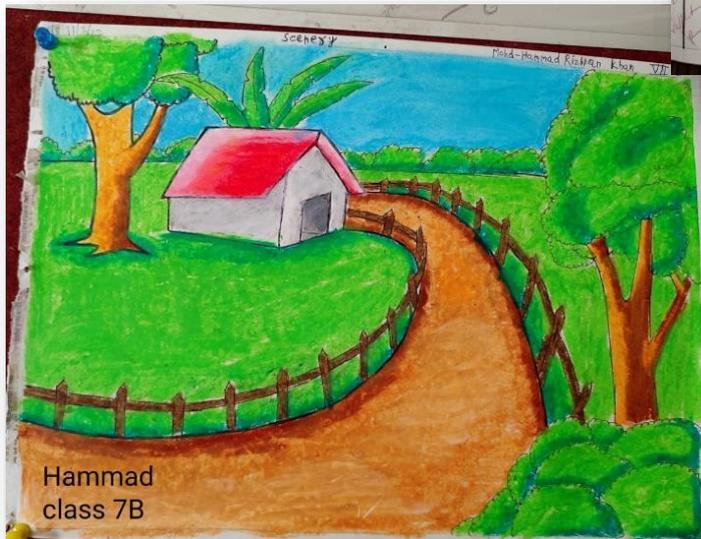
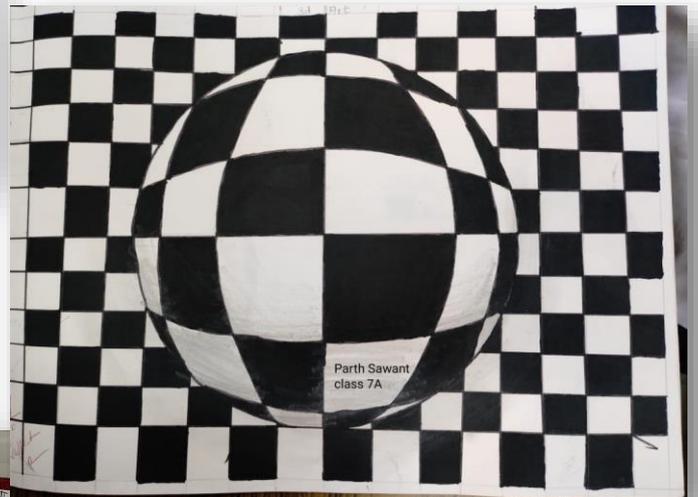
Kshitij Madaye Std. IV B



Advait Ghadigaonkar - IV B



Adhish Chile – IV A



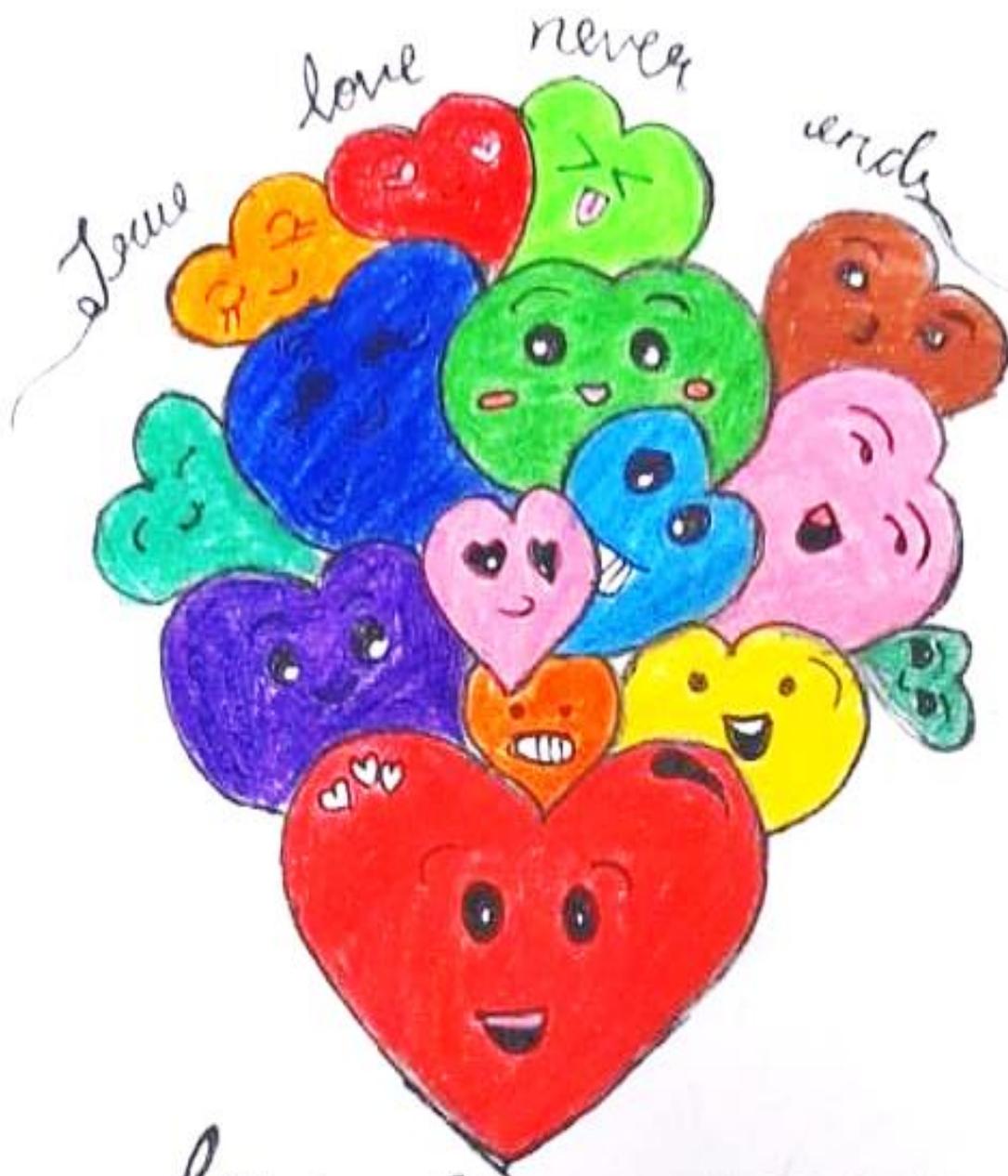


ASSEMBLIES



INVESTITURE





love has many
Expressions!

Dikshant Kedare – III B